

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## We Stick to What Works

by George H. - Kingston, NH

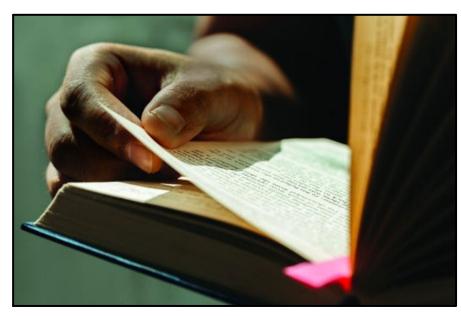
While trying to help someone through the Steps, he got an important reminder to stay close to our primary purpose.

I had the chance to work with a man who had been attending a nearby Big Book Step Study meeting that I frequented from time to time. I met with him after the meeting and he agreed to my conditions to sponsor him, specifically that I was in his life to bring him through the Steps. He would develop his own relationship with God, while acknowledging that I was not an expert or mentor in any other way and would share my experience in the AA program with him. If we gained a friendship as a result, I told him, that would be great, but friendship was not the main reason for my sponsorship. He agreed to my terms, and we started to go carefully through the Big Book.

At "The Doctor's Opinion," we came to a screeching halt. As we were going over the three components of an alcoholic (mental obsession, physical compulsion and spiritual malady), he told me point-blank, "You know I can't identify with this. I don't think I'm an alcoholic based on this, but I still want to go through the book and take the Steps. I really value the peace and serenity I see from the people at the Big Book Step Study, and I want what they have."

We discussed alcoholism a little more, using Chapter 3, "More about Alcoholism," and he confirmed as I discussed each of the examples in the chapter that he absolutely didn't have a drinking problem.

My ego got the better of me and I didn't want to turn him away from the chance to do the Steps because I know the value of the Steps in my life. So I tried to find some common ground. Since we couldn't get through the First Step hurdle of powerlessness over alcohol, we couldn't take the First Step as it's written.



Central Office is open Monday-Friday 10am-1pm

(828) 254-8539 24/7

info@ncmco.net aancmco.org



## **Inside This Issue**

#### Page

- 2 Grapevine; Call & Visitor Log; After-hours Phone Volunteers Needed
- **3** COR/NCMCO Board Meeting Information; Where to Find Meetings; Cash on Hand; Profit & Loss YTD
- 4 Contributions: Suggestions & Addresses for Donations
- 5 Special Meetings and Events; The Road to Joy
- 6 The Service Express
- 7 Anniversaries

Consequently, I overstepped my bounds, hurtling over the Traditions. I volunteered to do the Steps with him if we could identify something—some other substance or behavior that he was powerless over—that made his life unmanageable.

So we looked for another angle for this recovery, maybe through Al-Anon or drugs or food or work or any other addiction, but remarkably and fortunately for me, the Tradition violator, none were to be found and he couldn't identify with any of them. The end result was that we parted company, and I didn't see him after that.

The point I'm getting to is that, as one AA speaker I've heard says, "All can come into AA," and all we ask is that you "catch alcoholism" so that we can work our recovery as laid out in our Twelve Steps.

There was my answer. I was in error to try to be an expert in any other addiction, even if it meant I could bring someone through our hallowed process. I needed to stick with what works, and what works is our primary purpose.

I also learned that I need to maintain the code of love and tolerance. I need to be accepting of those having other addictions besides alcohol or maybe no addictions, and I need to send out gentle reminders about our Traditions—but to do so in private, in the spirit of consideration of others. The truth will flush itself out eventually, keeping in mind our primary purpose to the suffering alcoholic.

> Copyright © The AA Grapevine, Inc. (May 2024) Reprinted with permission.

# **May Grapevine** now available!



## How the Steps Changed My Life

This month's special section is "How the Steps Changed My Life." To celebrate our new book, Our Twelve Steps, a brand-new collection of Step stories, AA members share their favorite experiences about how the Twelve Steps have helped change their lives.

https://www.aagrapevine.org/



## **After-hours Phone Volunteers Needed**

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.



One year of sobriety is required.

Information can be found at:

https://aancmco.org/index.php/about-ncmco/service/ (scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.





## AA Grapevine's Podcasts

Is now available on YouTube click here!

## **Call & Visitor Log** March 2024

12 Step Calls - 19 General Info - 5 Family Help - 2 Meeting Info – 38 Central Office Business - 28 Medical/Detox - 0 Visitors - 47 After-hours calls - 47





Visits to aancmco.org/ website: Unique Visitors - 3,874 Total Visits - 20,980; Visits/Visitor - 5.42 Total Pages - 64,364; Pages/Visit - 3.07



## COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The two open positions, Alternate Chair and Secretary, were filled at the COR/Board meeting in March. Thank you, Chris M. and Jean R. respectively, for stepping forward to fill these positions!

An ad-hoc committee has been doing great work revising and updating the by-laws. More changes will be presented at subsequent meetings.

The next COR/Board meeting will be **Thursday, May 9, 6:00pm,** via Zoom: Meeting ID: 757 855 2319 Passcode: 000000 For updated meeting information and Zoom link, check the website: https:// aancmco.org/index.php/events/

## Where to Find Meetings

θ

θ

 ${\mathscr O}$ 

Ð

θ

Printable In-person Meeting Guide

Meetings in all 3 Districts

Meetings in District 70

Meetings in District 71

Meetings in District 80

## Cash on Hand as of 3/31/2024

Prudent Reserve \$16,139.83 Operating Account \$14,598.07 Rent Deposit - \$400.00 Petty Cash - \$50.00

# Profit & Loss YTD

	Mar 2024	Jan-Mar, 2024 (YTD)
Revenue	1111 2021	our mui, 2024 (110)
Contributions		
Group Contributions	\$2,102.46	\$8,541.92
Individual Contributions	\$412.80	\$529.35
Total Contributions	\$2,515.26	\$9,071.27
Interest on Money Market	\$1.37	\$4.02
Sales Income		
Literature & merchandise	\$2,566.16	\$6,860.37
Shipping charged to groups	\$30.29	\$151.57
Total Sales Income	\$2,596.45	\$7,011.94
Total Revenue	\$5,113.08	\$16,087.23
Cost of Goods Sold		
Cost of Goods Sold	\$11.00	\$11.00
Credit Card Processing		
PayPal Fee	\$28.63	\$63.54
Total Credit Card Processing	\$28.63	\$63.54
Freight - vendor shipping	\$58.75	\$133.96
Literature & merchandise	\$2,044.40	\$5,347.92
Shipping to groups	\$29.61	\$149.89
Total Cost of Goods Sold	\$2,172.39	\$5,706.31
Inventory Shrinkage	\$49.57	\$64.44
Total Cost of Goods Sold	\$2,221.96	\$5,770.75
Gross Profit	\$2,891.12	\$10,316.48
Expenditures		
Bank Service Charges		\$49.22
Office Expenses	\$15.99	\$47.97
Office Supplies	\$3.00	\$138.99
Payroll Expenses		
Gross Salary	\$1,500.00	\$4,480.00
Payroll Taxes (Company)	\$114.76	\$342.75
Total Payroll Expenses	\$1,614.76	\$4,822.75
Rent	\$604.00	\$1,812.00
Telephone & Internet		
Office Telephone/Internet	\$89.46	\$268.38
Web Expenses		\$19.99
Total Telephone & Internet	\$89.46	\$288.37
Total Expenditures	\$2,327.21	\$7,159.30
Net Operating Revenue	\$563.91	\$3,157.18
Net Revenue	\$563.91	\$3,157.18



# Contributions

Group Contributions:	Mar 2024	YTD
Acceptance Group 000092265	Wal 2024	\$760.80
Agnostics Atheists Free Thinkers Gp - 000092498		\$750.00
As Bill Sees It Group (Franklin) - 000093648		\$20.00
Back To Basics Group - 000094453		\$100.00
Big Town Group - 000096080		\$102.40
Black Mountain Group - 000096165		\$75.00
Brevard Serenity Group - 000096758	\$80.00	\$153.36
Candler K.I.S.S. Group - 000098073		\$66.00
Conscious Contact Group - 000099980		\$356.00
Cullowhee Valley Group - 000100669	\$100.00	\$100.00
Daily Decisions Group - 000100743	\$471.53	\$821.00
Day By Day Group - 000101059		\$116.59
Fellowship Group (Fletcher) - 000104116 Grace Group (Asheville) - 000107789	\$486.98	\$54.46 \$486.98
It's In the Book Group - 000260106	\$400.90	\$100.00
Joy Of Living Group - 000112527		\$102.00
Lambda Group - 000007190	\$138.01	\$138.01
Leicester Group - 000009461	<b>\$100.01</b>	\$125.00
Liars Club	\$72.00	\$142.00
Library Group - 000010602	\$82.00	\$82.00
Mars Hill Group - 000017945		\$115.00
Mountainview Group - 000027730		\$177.20
Newcomers Group - Flat Rock		\$30.00
Noontime Big Book Study Group - 000409637		\$32.76
One Day At A Time Group - 000385292		\$20.00
Phoenix Group - 000049062		\$72.00
Pisgah (National Park) Group - 000049661		\$100.00
Practicing Principles Group - 000051260	\$63.94	\$63.94
Recovery By The River Group - 000055540	000.00	\$192.07
Round Table Group - 000059337	\$33.00	\$33.00
Safe And Sound Women's Group - 000060517	\$105 00	\$127.96
Saturday Morning Men's Meeting Serenity Service Group - 000068387	\$125.00	\$200.00 \$106.83
Sober Sisters Group (Burnsville) - 000460489		\$175.00
South Asheville Literature Group - 000075329		\$100.00
Speed Bump Group - 000053487		\$410.00
St John in the Wilderness Early Bird Group - 000078454		\$147.00
The Open Meeting Group - 000418805		\$93.00
Total Surrender Group - 000010020		\$132.00
Tuesday Night Men's Group - 000013982		\$167.50
Waynesville Grace Group - 000022141		\$560.06
We Think Not Group - 000025928		\$30.00
West Asheville Women's Group	\$450.00	\$450.00
Women of Courage Group - 000036989		\$210.00
Young People's Group - 000042150		\$145.00
Total Group Contributions:	\$2,102.46	\$8,541.92
Individual Contributions:	Mar 2023	YTD
Anonymous	\$12.80	\$34.35
Ellen O.	¢12.00	\$25.00
Marsha S	\$365.00	\$365.00
Shannon K.	\$25.00	\$75.00
In Memory of B.G.	\$10.00	\$30.00
Total Individual Contributions:	\$412.80	\$529.35
Pirthday Contributional	Mar 2023	YTD
Birthday Contributions: Anonymous	War 2023	\$0.00
Total Birthday Contributions:	\$0.00	\$0.00
		123662035
Total Contributions:	\$2,515.26	\$9,071.27

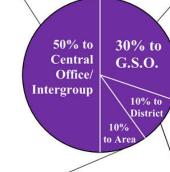
Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!



#### Suggestions & Addresses for sending Donations to the A.A. Service Structure\* **Revised for 2023**

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO 70 Woodfin Place Suite 206 Asheville, NC 28801 **General Service Office** Post Office Box 2407 James A Farley Station New York, NY 10116-2407



NCGSC – Area 51 Treasurer PO Box 17271 Raleigh, NC 27619

**District 70 Treasurer** PO Box 8574 Asheville, NC 28814-8574

**District 71 Treasurer PO Box 202** Hendersonville, NC, 28793

**District 80 Treasurer** 



# The Road to Joy

by Harold I. - Marietta, GA Though he got a late start, he luckily made the right turn. Boy, is life better now.



Where's the road to true joy and how do I find it? I would ask myself. That road was staring me in the face for nearly 20 years before I saw it. And it took a few more years before I actually got on it. Dr. Bob pointed us all toward it when he summed up our program in three words-love and service.

It wasn't that I was unhappy in my sobriety or that I wasn't doing service. I've actually been sober since 1982, and my life in AA has been a vast improvement over my drinking years.

An early mentor of mine in AA once told me that I could have a slice of the joy in sobriety, or I could have the whole pie-the choice was mine. Much depends on whether I decide to commit to be a person of service or a person who gets by on performing just a little. Both paths improve my life, but one gets me a bigger piece of joy.

One of the founders of my home group always talked about our Twelve Steps. It took me forever to figure out what he was saying. This guy was all about action. Our group had a plaque on the front of our podium that read "Gratitude is An Attitude" and he used tell me all the time that it didn't apply to guys like us. "Gratitude is an action," he'd say. "Don't tell me you're grateful-show me." He showed his gratitude by being of service in AA and out in his community. The Steps aren't just for me to study or to work, he told me. They are there for me to take into my soul, to become part of me and shape the very essence of my existence.

I believe now that the Steps are the soul of the program and meetings are the heart. I balked at taking the Steps early in sobriety. I was afraid of what they might change me into. Even though I was pretty miserable back then, at least my misery was familiar. I was fearful of entering into unknown territory, even if it might benefit me. When the gift of desperation became too much for me, I relented and began taking the Steps in earnest.

Finally, I realized taking the Steps was not work. The Steps are my admission ticket back into society. The process of taking the Steps prepares me to fulfill my purpose of being of maximum service. And eventually, that work turns into joy.



Copyright © The AA Grapevine, Inc. (May 2024) Reprinted with permission.

# **Special Meetings** and **Events**



**NOTE:** For updates, please check the specific event websites, or https://aancmco.org/index.php/events/ See flyers for additional events not listed here.

WNC AA Tri-District Service Rally - "Alcoholics Into Action Through Service" Saturday, May 4, 9:00am-2:30pm. (Setup, coffee, tea, and pastries at 8:00am) Hosted by Districts 70, 71 & 80 and NCMCO. A day of fellowship, fun, food, panels, speakers, inspiration, education, and service opportunities galore! Covenant Community Church, 11 Rocket Dr, Asheville 28803. See flyer for more details. If you have questions or want to volunteer, email: Rally2024@aancmco.org or call Central Office: 828-254-8539.

Fireside Sobriety Circle Campout. May 9-12. Yogi in the Smokies Campground, Big Cove Road (317 Galamore Rd) Cherokee, NC 28719. For more details and registration form, see flyer, or contact Herb at 828-506-8563 or firesidesobriety@gmail.com

Area 51 Spring Committee & Assembly Meeting. May 17-19. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr, Lake Junaluska, NC 28745. Group Name: NCGSCAA Assembly Meeting; Link: https://tinyurl.com/2tjuajbr; Phone: 800-222-4930, ext. 1; Website: https://lakejunaluska.com/

7th Annual WNCCYPAA Campout. May 24-26. Briar Bottom Group Campsite, 50 Black Mountain Campground Rd, Burnsville 28714. See flyer for more details or visit their website: https://avlypaa.com/ Questions? Email: AshevilleYoungPeople@gmail.com

Founders' Day – 89th Anniversary of Alcoholics Anonymous. June 7-9 Akron, OH. For more information and online registration, see flyer or visit their website: https://akronaa.org/

3rd Annual District 71 Founders' Day Picnic. Sunday, June 9, 11:00am-4:00pm. Shelter #4, Jackson Park, Hendersonville 28792. Food and drinks, chips and condiments provided; please bring a dish or something to share. See flyer for more information.

64th International Conference of Young People in AA (ICYPAA) July 4-7. JW Marriott Austin, 110 E 2nd St, Austin, TX 78701. See flyer for more information or visit their website: https://the64thicypaa.org/

77th North Carolina State Convention: Language of the Heart. July 11-14 Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For hotel reservations, online: www.NorthRaleigh.Hilton.com; phone: (919) 872-2323; Group code: NCAREA. For more information see flyer or visit the website: https://www.aancconvention.com/



28th Annual Southeast Woman to Woman Conference. August 16-18. Hilton Charlotte University Place, 8629 JM Keynes Drive, Charlotte, NC 28262. Reservations: 704-547-7444; Code SEW (Cutoff 07/10/24) For more information and registration, see flyer or visit their website: https://www.sewomantowoman.org/

Bridging the Gap Workshop Weekend. September 6-8. Fairbridge Inn and Suites & Big Sky Conference Center, 3803 Brooks St, Missoula, MT 59804. For more information and online registration go to <a href="http://btgww.org/">http://btgww.org/</a> Questions? Contact Laura S: coordinator@btgww.org

NC Area 51 Events: https://aanorthcarolina.org/events/

GSO in New York: For events around the country and the world, as well as great information, go to: https://www.aa.org/ and Box 459: https://www.aa.org/sites/default/files/newsletters/f 36\_winter2023\_0.pdf

# **The Service Express**

#### **District 70**

**GSR Business Meeting –** The next meeting will be **Sunday, May 12, 2:30pm.** It will now be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805. There are still several positions that need to be filled. For updates go to: https://ashevilleaa.org/

**Accessibilities Committee –** Chairperson is Scott S. Want to make sure your A.A. group is accessible to all who want to attend? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist.

**Archives Committee needs you!** Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org

**CPC/PI Committee –** Chairperson is George M; Tom W is Co-chair. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at cpc-pi@ashevilleaa.org

**Corrections Committee** – In District 70, A.A. meetings are being taken into Buncombe County (Asheville), Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), and Marion (Marion). Volunteers are needed at Marion Correctional and Buncombe County. The PreRelease program to help inmates transition into AA on the outside is live! If you would like to be of service with PreRelease or otherwise with corrections, contact Tammy Z, the Women's Corrections Chair, at corrections\_women@ashevilleaa.org or Mitch R, the new Men's Corrections Chair, at corrections\_men@ashevilleaa.org

**Literature and Grapevine Committee** – Chair position is open. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

**Technology Committee –** Chairperson is Joe L. The goal of this committee is to help A.A. members and groups become more informed about technology issues and needs. Volunteers and new ideas are always welcome. For more information contact Joe at: technology@ashevilleaa.org

**Treatment Facilities Committee –** Chairperson is Kyle J. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

**"Bridging the Gap"** (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They particularly need women volunteers. Both the Chair and Co-chair positions are open. If you are interested in volunteering, please attend the next GSR meeting.

For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org.



#### **District 71**

**GSR Business Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday**, **May 11**, **9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: https://www.nc71.org/

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. Several positions that were open have been filled. They have an acting Alt DCM, but anyone willing to serve is welcome to volunteer. And they still need a CPC/PI Chairperson. They are working with Districts 70 and 80 to sign up volunteers (5 greeters, 3 vote counters, and 1 timekeeper) for the **Area 51 Assembly, May 17-19**, at the Lake Junaluska Conference Center. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, through the website: https://www.nc71.org/contact

### District 80

**GSR Business Meeting** – held quarterly. The next meeting will be **Sunday, July 14, 1:30pm.** This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU high tech zoom system; the password and sign on information will be emailed to participants 30 minutes before meeting. Check their website for meeting updates: http://aawnc80.com/events

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net

#### WNC AA Tri-District Service Rally "Alcoholics Into Action Through Service" Saturday, May 4, 9:00am-2:30pm

(Sign-in, coffee, tea, and pastries at 8:00am) Hosted by Districts 70, 71 & 80 and NCMCO. A day of fellowship, fun, food, panels, speakers, inspiration, education, and service opportunities galore! Covenant Community Church, 11 Rocket Dr, Asheville 28803. To attend via zoom: Meeting ID: 878 6017 0710; Passcode: Service. See flyer for more details. If you have questions or want to volunteer, email: Rally2024@aancmco.org or call Central Office: 828-254-8539.

#### Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

**District 71:** Use the form at: https://www.nc71.org/meeting-change-form

District 80: Email: webmaster@aawnc80.com

# Happy Anniversary!

#### Acceptance Group

Acceptance Gr		
Matt V.	5-15-2022	2 yrs
Mike A.	5-19-2011	13 yrs
Jennifer E.	5-26-2013	11 yrs
Jim S.	5-28-1983	41 yrs
Mary Jane F.	5-29-2013	11 yrs
Around the Ro	om Group	
Phillip K.	5-28-2011	13 yrs
<b>Back to Basics</b>	Group - W	eaverville
Elliot M.	5-08-2017	7 yrs
BJ T.	5-11-1989	35 yrs
Natasha	5-13-2018	6 yrs
Doug C.	5-20-2014	10 yrs
<b>Black Mountain</b>	n Group	
Ed A.	5-18-2022	2 yrs
<b>Conscious</b> Con	ntact	
John Paul	5-01-1984	40 yrs
Katrinka S.	5-04-2007	17 yrs
Lisa S.	5-06-2019	5 yrs
Caren B.	5-09-2021	3 yrs
James B.	5-10-2020	4 yrs
Mary R.	5-11-2011	13 yrs
Laura C.	5-14-2021	3 yrs
Ed M.	5-15-2022	2 yrs
Damon D.	5-15-2017	7 yrs
Kelly J.	5-19-2022	2 yrs
George B.	5-25-2000	24 yrs
Patti S.	5-29-2021	3 yrs
Cumberland G		,
John R.	5-03-2016	8 yrs
Rusty M.	5-10-1983	41 yrs
Tom H.	5-27-2006	18 yrs
Beth H.	5-28-2012	12 yrs
Daily Decisions		,
Tobias E.	5-01-2014	10 yrs
Corey F.	5-03-2017	7 yrs
Joyce W.	5-04-2014	10 yrs
Patsy	5-06-2021	3 yrs
Marcos C.	5-08-2019	5 yrs
Heather W.	5-12-2020	4 yrs
Joe S.	5-13-2007	17 yrs
Graham G.	5-15-2014	10 yrs
Jessi H.	5-22-2012	12 yrs
Bryn H.	5-30-2023	1 yr
Fellowship Gro		
Michael A.	5-08-2018	6 yrs
Jennifer L.	5-10-2022	2 yrs
Shannon P.	5-31-2020	4 yrs
Good Livers	5 01-2020	- y13
Larry	5-01-2016	8 yrs
Christine G.	5-07-2000	24 yrs
Marianna	5-09-2011	13 yrs
Susan S.	5-27-1988	36 yrs
		00 1.0

Grace Group		
Erin C.	5-05-2017	7 yrs
Danny D.	5-08-2006	18 yrs
Arlie S.	5-12-2012	12 yrs
Pete S.	5-15-1977	47 yrs
Dave B.	5-17-1987	37 yrs
Laura H.	5-18-2021	3 yrs
Ed H.	5-20-2005	19 yrs
Lorin K.	5-23-2019	5 yrs
Charles W.	5-24-1997	27 yrs
Stephan A.	5-24-2021	3 yrs
Shirley E.	5-27-1985	39 yrs
Mark T.	5-28-2019	5 yrs
Kerry S.	5-29-2009	15 yrs
Garrett C.	5-30-1993	31 yrs
Mike H.	5-30-2015	9 yrs
Sarah Mc.	5-30-2016	8 yrs
Hendersonvi	lle Group	
Michele B.	5-06-2022	2 yrs
Hendersonvi	lle Men's Grou	р
David L.	5-07-1991	33 yrs
Gary C.	5-07-1992	32 yrs
Mike M.	5-13-2020	4 yrs
Linn B.	5-15-1996	28 yrs
David C.	5-23-2021	3 yrs
Hey Girl, Sur	render Group	
Норе	5-19-2021	3 yrs
Hannah M.	5-24-2020	4 yrs
Lambda Gro	up	
Brad B.	5-01-1996	28 yrs
Emily S.	5-04-2010	14 yrs
Gerri F.	5-09-2005	19 yrs
Sarah H.	5-10-2021	3 yrs
Library Grou	р	
Michael B.	5-09-1986	38 yrs

Andrew D.	5-15-2014	10 yr:
Brock	5-28-1991	33 yr
Out to Lunch		
Beth N.	5-12-1997	27 yr:
Mark M.	5-14-1986	38 yr
Reed O.	5-18-1986	38 yr
Mark T.	5-25-2012	12 yr
Phoenix Gro	up	
Roger D.	5-13-2001	23 yr
Anny B.	5-17-1988	36 yr
Practicing Pr	inciples Group	
Paula B.	5-11-2001	23 yr
Serenity See	kers - Marion	
Cheryl	5-08-1996	28 yr
Serenity Ser	vice Group	
Eric C.	5-05-2017	7 yr
Cecilia M.	5-20-2017	7 yr
Total Surren	der Group	
Rick C.	5-02-2019	5 yr
Traditional G	roup	
Jay R.	5-10-2020	4 yr
Ryan C.	5-10-2021	3 yr
Eugene P.	5-11-1991	33 yr
Waynesville	Grace Group	
Sandy M.	5-02-1985	39 yr
Marcia U.	5-02-1996	28 yr
Chipper	5-05-1996	28 yr
Cathy S.	5-06-1996	28 yr
Marsha B.	5-10-1976	48 yr
Madalyn S.	5-14-1976	48 yr
DeVane W.	5-25-1985	39 yr
Ruth G.	5-28-2014	10 yr
Young Peopl		
Peter T.	5-17-2023	1 y

#### The Birthday Contributions

**Birthday Contribution Envelopes** from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to Central Office! Stop by Central Office to pick up envelopes for yourself or your group members. Or call us at (828) 254-8539 and we will mail envelopes to you.

We thank all the A.A. members and groups who donate so generously!

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net

The June newsletter deadline for sending in anniversaries and announcements is May 15.



# Does your group have a

# COR?

# (Central Office Representative)

# What are Central Office Representatives? What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2<sup>nd</sup> Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory! What are we doing well? What can we improve upon? How can we serve Districts 70, 71 and 80 more effectively? What might we do to draw more participation from groups?

## Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom. See the Central Office website for details: https://aancmco.org/index.php/events/

# May 2024 Edition

#### **Concept 5**

#### Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Everyone in the AA service structure is encouraged to participate as a group conscience is formed. A thorough debate before the vote is ideal, however when that does not occur this concept provides a safe guard. When a vote is held, those in the minority are always given the right to speak. As the minority opinion is shared, it is important for everyone to remain open-minded and listen without any prejudice. Often, it is the minority voice that provides protection against an uninformed, misinformed, hasty or angry majority. It is by requiring substantial unanimity, or 2/3rds majority, when deciding matters of policy while also giving careful consideration to the minority opinion that AA maintains harmony and unity.

# Area 51 Delegate's

# Beaming Beacon



#### Information to Share

- GSO Quarterly Report (1<sup>st</sup> Quarter) Link
- "A Celebration of the Big Book" Flash Sale Link
- Box 459 Winter 2024 <u>Link</u>
- Box 459 Fellowship Survey Link
- Treatment & Accessibilities Desk Activity Update Link
- 2025 International Convention Information Link I need to get a passport!

#### 2024 General Service Conference Advisory Actions Highlights

Advisory Actions have passed by the 74th GSC with substantial unanimity (2/3rds majority).

- The following theme for the 2025 General Service Conference: "Working Together, Increasing Trust."
- The following presentation theme and topics for the 2025 General Service Conference:
  - "Delegating: It is okay to ask for help."
  - "Closing the Gap: How do we make the voice of every Group count?"
  - "Our Financial Responsibility in carrying the message."
- A pamphlet on the Asian and Asian-American alcoholic in A.A. be developed. That a draft or progress report be brought to the 2025 General Service Conference.
- A pamphlet on the transgender alcoholic in A.A. be developed. The committee requested that a draft pamphlet or progress report be brought back to the 2025 Conference Committee on Corrections.
- The maximum annual contribution from an individual A.A. member to the General Service Board be increased from \$5,000 to \$7,500.
- The AA Grapevine Board develop a 5-year financial plan for La Viña with the goal to reduce shortfalls and increase revenue to be brought back to the 2025 Conference Committee on Grapevine and La Viña.
- The draft manuscript *Plain Language Big Book: A Tool for Reading Alcoholics Anonymous* be approved.
- The Proposed Agenda Item (PAI) submission date deadline for the 2025 General Service Conference be moved to a date no earlier than September 30, 2024.
- Providing six options for closing the Big Meetings at an International Convention: The Serenity Prayer, Responsibility Statement, Declaration of Unity, the Third Step Prayer, the Seventh Step Prayer, or a Moment of Silence.

Note: Full Delegate's Report will be presented at the Spring Assembly in Lake Junaluska on May 18th.

#### Inside the Delegate's Rocket Ship

- Rest!
- May 7<sup>th</sup> First Tuesday Service Manual Study
  - May 17-19th Area 51 Spring Assembly Lake Junaluska Notice
    - May  $28^{th}$  Grapevine/La Viña Conference Committee.

Box 459 Winter 2024 2 new GSO Staff Members (You might recognize one!)

2025 International Convention Inside AA Finances

#### **At Wits End:** A Grapevine Joke

•

At least he's sober Newcomer: My wife told me I have two major character defects. Sponsor: Really? What are they? Newcomer: She says I don't listen and something else.

Contacts: Julie R. <u>delegate@aanorthcarolina.org</u>



Denise M. altdelegate@aanorthcarolina.org



Event is free to attend!!

# **WNC Tri-District AA Service** Rally

"Alcoholics Into Action Through Service"

# Saturday, May 4th, 2024

# **Covenant Community Church** 11 Rocket Drive Asheville, NC. 28803

A day of fellowship, speaker, panels, fun, food, and inspiration for service

- 8 am Sign-in / Coffee/Tea/Danish
- 9:00 Welcome
- 9:15 Service Group 1 Panel
- 10:15- Break
- 10:45- Group 2
- 11:45 Lunch (provided) 12:30 Group 3
- 1:15 Speaker
- 2:00 Wrap-up/ Q&A / Sign-ups
- 2:30 Adjournment / Clean-up

Location is Wheelchair accessible Auto-Transcription will be provided Zoom Access will be available ? Other accessibility needs, let us know

> To attend via Zoom: Meeting ID: 878 6017 0710 **Passcode: Service** or use this QR code---->



Free Registration.

To attend in person: send an email to Rally2024@aancmco.org OR use the following QR Code:







**KINDNESS** 

HONESTY

SHARING





## May 9-12, 2024 YOGI in the SMOKIES CAMPGROUND BIG COVE ROAD, CHEROKEE, NC

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS, SPONSORS/SPONSEES...and your POW WOW REGALIA! Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com Registration begins <u>Thursday after the Sacred Fire is lit</u>! <u>NO PETS in Food Serving/Eating Area, Pow Wow, or</u> <u>Sacred Fire Areas</u> NO PETS AT TENT SITES

~NA/AA/Al-Anon Speakers~ Talking Circles ~ Native Teachings ~Meetings, Meetings, Meetings~ ~T-shirts/Long sleeve shirts~ ~SOBRIETY Pow Wow~ ~Sobriety Countdown~ "MUCH MORE"

PRE-REGISTRATION: \$55/PERSON (kids under 10 are FREE, 11-12y/o \$15, 13-18y/o \$20). \$60 at the Gate. Price includes breakfast and dinner and tent/camper site for three (3) nights. Lunch is on your own. EARLY REGISTRATION ENDS May 3rd

NAME(S):				
ADDRESS:				
EMAIL(S):		/		
PHONE #: H)	(C)		(C)	
# In Party:	Amount Enclosed:			
C ( A M UD			FIRESIDE CIRCLE	

Cut & Mail Registration Form by May 3rd With Checks Made Payable to: Fireside Spring 2024 FIRESIDE CIRCLE C/O Herb Wachacha PO Box 2015 Cherokee, NC 28719

# Area 51 Spring Committee & Assembly Meeting May 17-19, 2024

#### LAKE JUNALUSKA CONFERENCE & RETREAT CENTER

91 North Lakeshore Drive, Lake Junaluska, NC 28745

#### **ADVANCE HOTEL INFORMATION**

**Deadline for Reservations**: Wednesday, April 17, 2024 **Group Name**: NCGSCAA Assembly Meeting

Link: https://tinyurl.com/2tjuajbr

Terrace Hotel Room Rates: \$152.00 Single/Double, \$172.00 Triple, \$192.00 Quad

Lambuth Inn Room Rates: \$132.00 Single/Double, \$147.00 Triple, \$162.00 Quad

11% room tax will be added.

PLEASE SEE THE BACK FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

#### Phone: 800-222-4930, ext. 1 Website: www.lakejunaluska.com

#### For Best Results:

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Greg K., the Area Chairperson, at chair@aanorthcarolina.org.

#### Thank you for your service and support of Area 51. See you at the Spring Committee and Assembly Meeting!

#### Additional Information for our stay at Lake Junaluska:

- The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There is a trolley and a mini shuttle.
- Optional Meal Plan: If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$49.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$82.50 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- Check in/Check out: Check in will be available at 4:00 PM on the arrival day at the Bethea Welcome Center located at 91 N Lakeshore Drive (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$15.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

#### Why staying at our host hotel is important:

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will "block" for our use. If we fill at least 80% of our room block, our meeting space is *discounted about 70%*. Otherwise, the Area will be charged for rooms until we reach the 80% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don't have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our "common welfare," so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

#### "I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

#### Thank you for your service in Area 51!



🙆 SATURDAY NIGHT SPEAKER MEETING: GABBY J. FROM SERCYPAA HOST

# PRE-REGISTER FOR \$25

QUESTIONS? EMAIL: ASHEVILLEYOUNGPEOPLE@GMAIL.COM

 Registration payment taken with Venmo

- Program & FAQ info will be emailed the week before
- Please remember to fill out Google form

# 7th Annual WACCYPAA CAMP@UT

#### **MEMORIAL DAY WEEKEND**

# MAY 24th - 26th, 2024

## **FRIDAY**

**4PM | REGISTRATION OPENS** 

Collect armband & set up camp

6:15PM | MINUTE TO WIN IT GAMES

#### 6:30PM | <u>Dinner</u>: Taco Bar

**8PM | CAMPIRE DISCUSSION MEETING** 

Topic: Fellowship

9PM | SPOOKY TIME S'MORES & GAMES

Campfire stories & Mafia

# **SUNDAY**

#### 11AM | PACK UP & HEAD OUT

Please make sure to clean up  $\vartheta$  properly dispose of all trash in dumpster

#### OTHER SUGGESTED WEEKEND ACTIVITIES

Walk to campground waterfall: 10 min walk
Photo opp at Parkway overlook: 5 minute drive

Lunch in Old Fort: 45 minute drive

Visit Top of Mnt. Mitchel: 35 min drive or all-day hike

Take a scenic drive down the Blue Ridge Parkway

Take a minute to chill & color in one of our coloring books

Befriend a newcomer ♥

QUESTIONS? EMAIL US! ASHEVILLEYOUNGPEOPLE@GMAIL.COM OR VISIT: AVLYPAA.COM

# **SATURDAY**

9AM | <u>Breakfast:</u> Pancakes

Provided by SERCYPAA

10AM | MORNING MEDITATION MEETING & YOGA

12PM - 3PM | SCAVENGER HUNT

6 people max to a team

#### 3PM | AA TRIVIA

4PM | ULTIMATE FRISBEE TOURNAMENT

Hosted by SERCYPAA - on Activities Field

6PM | <u>Dinner</u>: Spaghetti & Salad

7PM | SPEAKER MEETING: GABBY J.

from SERCYPAA Host Committee: Norfolk, VA

8PM | GLOW RAVE DODGEBALL

on Activities Field

#### 9PM | CAMPFIRE CIGAR CIRCLE

BYOC

#### REMINDERS

- DO NOT LITTER!!!
- Bring a water bottle
- Lock food in cars overnight
- Dispose of cigarette buts in ashtrays
- All meetings & meals will be at Maple campsite
- Hot showers  $\vartheta$  ice sold by campground entrance
- This program is subject to change due to weather & the
- fact that these things never run exactly on schedule Rule 62 ©

BRIAR BOTTOM GROUP CAMPGROUND 50 BLACK MOUNTAIN CAMPGROUND RD BURNSVILLE, NC 28714

CAMPSITES:

**RED OAK & MAPLE** 



# **Founders' Day Herald** 89<sup>th</sup> Anniversary of Alcoholics Anonymous June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

#### **FRIDAY ACTIVITIES**

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m. Discussion of One Step Per Hour Chaired by: Mary K.

A.A. Early Bird Meeting\* • 3:00 p.m. Ron M. – Louisville, OH "Never Missed A Founders Day" Chaired by: Jeanne R.

Actors Guild Play • 5:00 p.m. & 8:00 p.m. "Snow White And The Seven Character Defects"

A.A. Speaker Meeting\* • 7:00 p.m. Will M. – Sergeant Bluff, IA "Good Is The Evil Of Great" Chaired by: Karen K.

Serenity Singers • 8:00 p.m. - 9:00 p.m. 🖰 Olin Hall

A.A. Speaker Meeting\* • 9:00 p.m. (A) Debbie G. – Vista, CA "AA Gives Us Sobriety And The Tools For Living" Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m. Open Discussion Chaired by: Hay una solución

A.A. Alkathon • 11:30 p.m. - 2:00 a.m. 🖰

#### SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites 9:00 a.m. – 4:00 p.m. 2 buses continuously – Bierce Circle

A.A. Archives Located in Akron Intergroup Office (Stop on bus tour)

The 12 Traditions • 9:00 a.m. (A) Debbie D. – Concord, CA Chaired by: Jerry C.

A.A. Old Timers' Panel\* • 10:30 a.m. (A) Topic: "It Should Continue For Our Lifetime" Ethel N. – Philadelphia, PA Jim B. – Jamestown, NY Don C. – Colorado Springs, CO Chaired by: Jerry C.

La Viña Workshop • 11:00 a.m. - 3:00 p.m. El Coordinador: Raymundo L. and Hay una solución

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

A.A. & Al-Anon Speaker Meeting\* • 12:30 p.m. Speakers - Kelly P. & Jeff M. – Helena, MT "Manufacturing Misery or Learning Love: Growing in Recovery" E.J. Thomas Hall Chaired by: Julie & Adam C.

A.A. Speaker Meeting\* • 2:00 p.m. Drew E. – Altantic Highlands, NJ "Inspiration-Desperation-Perpetuation" Chaired by: Mary K.

The History of Our Big Book • 4:00 p.m. Presented by: Gail L. – Akron, OH Chaired by: Jeanne R.

A.A. Speaker Meeting\* • 8:00 p.m. (<sup>A</sup>) Jeff V. – Fargo, ND "Happy, Joyous and Free" UA Infocision Stadium\*\* Chaired by: Aaron K.

\*Stadium Weather Contingency Plan for Saturday Night - See Web Site

DANCE! DANCE! DANCE! 10:00 p.m. - 1:00 a.m. Saturday Night

#### SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE\* 7:30 a.m. Motorcycle procession and graveside memorial tribute to Dr. Bob & Anne S. Speaker: Dolly A. & Paul G. – Akron, OH Chaired by: Karen K.

A.A. Spiritual Panel Meeting • 9:00 a.m. Topic: "A Moment Of Clarity" Heather F. – Akron, OH Trina R. – Olean, NY Daryl M. – Cleveland, OH Chaired by: Juanita W.

A.A. Closing Speaker Meeting\* 10:30 a.m. (A) Ralph W. – Los Angeles, CA "I'm So Glad God Doesn't Make Misery Comfortable" Chaired by: Tony T.

#### AL-ANON FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m. Topic: "Sponsorship; A Piece Of The Al-Anon Puzzle" Barbie C. – Lancaster, PA Brandy F. – New Paris, OH Erica B. – Toronto, Ontario, CA Lisa F. – Madison, CT Olin Hall Chaired by: Leslie S.

Al-Anon Panel • 2:30 p.m.<sup>(A)</sup> Topic: "Double Winners; Doubly Blessed" Barbie K. – Akron, OH Marc W. – Canton, OH Janet F. – Akron, OH Olin Hall Chaired by: Ian R.

CLEAR BAGS REQUIRED SEE INSIDE FOR MORE INFORMATION

Al-Anon Workshop • 4:00 p.m.

Topic: "Made A List Of All Persons We Tried To Help - An 8th/9th Step Workshop" Barbie C. – Lancaster, PA Brandy F. – New Paris, OH Lisa F. – Madison, CT Olin Hall Chaired by: Evette W.

Al-Anon Speaker Meeting • 6:00 p.m. Evette W. – San Francisco, CA "Two Sides of the Same Coin; The Family Disease and Solutions" Olin Hall Chaired by: Mary Anne C.

#### AL-ANON SATURDAY ACTIVITIES

Al-Anon Workshop • 9:30 a.m. (\*) "Resentment Ball - Removing the Boogle Man from Step 4" Brandy F. – New Paris, OH Evette W. – San Francisco, CA Olin Hall Chaired by: Kristina H.

Alateen Panel • 11:00 a.m. (A) "Let It Begin With ME" Olin Hall Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting\* • 12:30 p.m. Speakers - Kelly P. & Jeff M. – Helena, MT "Manufacturing Misery or Learning Love: Growing in Recovery" E.J. Thomas Hall Chaired by: Julie & Adam C.

AI-Anon Speaker Meeting • 3:00 p.m. Ken T. – Girard, PA "Alateen to Al-Anon - Living Serenely" Olin Hall Chaired by: Jane M.

Program Spoken Here 4:30 p.m. – 5:30 p.m. Olin Hall Chaired by: Irena H.

#### REGISTRATION

#### UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m. Saturday 8:00 a.m. - 6:00 p.m. Registrations must be picked up by

6:00 p.m. Saturday - NO EXCEPTIONS!

Package Plans must be picked up at designated dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

- A.A. Literature Sales Friday 8:00 a.m. - 8:00 p.m. Saturday 8:00 a.m. - 5:00 p.m. CREDIT CARDS ACCEPTED!
- \* A.S.L. INTERPRETER

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A. Name badges & ribbons <u>must</u> be worn for admittance to all meetings — NO EXCEPTIONS!

# 89th Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

iniver

kron, Ohio

#### ABSOLUTES

NEW FOR 2024: AS A SAFETY MEASURE, THE UNIVERSITY OF AKRON HAS IMPLEMENTED A CLEAR BAG POLICY FOR ALL FOUNDERS' DAY MEETINGS AND EVENTS. Approved bags include clear plastic, vinyl or PVC bags that do not exceed a size of 12 inches wide by 12 inches high and 6 inches deep. Other approved bags include one-gallon clear plastic freezer bags (Ziploc bag or similar), medical bags and small clutch bags approximately the size of a hand, with or without a handle or strap. Prohibited bags include backpacks, binocular cases, camera cases, fanny packs, large-printed bags, mesh bags, purses and tinted plastic bags. Again, this policy applies to ALL Founders' Day meetings and events. CLEAR BAGS WILL BE AVAILABLE ONSITE. MORE INFORMATION AVAILABLE AT WWW.FOUNDERSDAY.ORG.

ALL STATE, LOCAL AND/OR UNIVERSITY OF AKRON COVID-19 PROTOCOLS THAT ARE IN EFFECT AT THE TIME OF THE EVENT WILL BE ENFORCED AND UPHELD ACCORDINGLY.

All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!** Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.

2024 Name badges & ribbons must be worn ON CAMPUS and for admittance to all meetings. NO EXCEPTIONS!

All rooms, buildings, and stadium at The University of Akron are non-smoking. NO VAPOR/E CIGARETTES permitted in ANY building.

Handicapped parking will be strictly enforced. University police will ticket and tow all unauthorized vehicles parking in handicap spaces. Violators will incur a fine of \$250

No animals or campfires allowed in R.V. area.

NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.

NO hover boards, skateboards, or roller blades permitted on campus.

No motorcycles allowed on the grass.

No beach balls at any meeting.

The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.

Credit cards will now be accepted for both onsite registration and in the literature room.

#### SPECIAL NEEDS

All meetings are wheelchair accessible. Wheelchairs are not available on campus. You may bring your own. Please contact the Founders' Day Committee with any special needs by May 15, 2024.

#### ACCOMMODATIONS

No incoming calls accepted at dorms. No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up. No camping tents allowed.

FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS! THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.

> NO REFUNDS FOR BASIC REGISTRATION. \$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

# Founders' Day Registration Form | online at www.foundersday.org Everyone must be registered, including children. All registrations must be postmarked by May 15, . NO EXCEPTIONS!

Address		DI ( )
2		
Lity	State	Zip
E-mail address*	-1 1 1 -11	
* If you provide		et con⊠rmation via e-mail only!
		tion closes at 6:00 pm Saturday, NO EXCEPTIONS!
O Check for special needs - handicapped. Handicapped parking will be strictly enforced	(Basic Registratio INCLUDES AD	ration $35 \times QTY = $ TOTAL on will be \$40 on site conference weekend) MISSION TO ALL MEETINGS. cture I.D. for pickup.
OHearing Impaired- ASL Interpreter Requested	Package Plan	n A \$275 = \$ <u>ONE ONLY</u>
All beds are at a fixed height of 42 inches. The University of Akron <b>CANNOT</b> adjust bed height.	Sex: MO F BASIC REGISTR Includes admission	ATION INCLUDED. to all meetings, meals, room, and bus tour. designated dormitory to pick up weekend package and room key.
*INDIVIDUAL FORMS REQUIRED FOR EACH		cture I.D. to pick up your reservation package. dings at the university are non-smoking.
PACKAGE PLAN*	Package Plan	<b>B</b> \$200 = \$ <u>ONE ONLY</u>
	Sex: M O F BASIC REGISTR PLAN B DOES N	
Rooming with:		
MEALS		QTY TOTAL
SATURDAY	Breakfast	\$20 x = \$
	Lunch	\$25 x = \$
	Dinner	\$35 x = \$
SUNDAY	Breakfast	\$20 x = \$
SPECIAL DIETARY NEEDS		
MOTORHOME SITE	- 0	
		QTY TOTAL
NO TENT CAMPING!	RV Site Tag (no hook-ups available)	\$40 x = \$
Each RV must have a Site Tag to set	up.	
ABSOLUTELY NO PETS OR FIRES	S! REGIST	TRATION TOTAL \$
AYMENTS MUST BE IN U.S. OOLLARS ONLY. MAKE CHECK IONEY ORDERS PAYABLE TO: kron Intergroup O Box 12 kron, OH 44309-0012	AS / PAYMEN REGISTRA	
EFUNDS requested in writing only by nail or email and postmarked / received rior to May 15, 2024. treasurerfd@akron		rd payments must be made online dersday.org.

NO REFUNDS FOR BASIC REGISTRATION. \$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

# District 71 Third Annual Founders' Day Picnic

# Sunday, June 9, 2024 11 am to 4 pm

# Shelter # 4, Jackson Park, Hendersonville Please join us for fellowship, food and fun!

(By now, our chefs are experts at the grill!)

Food and drinks, chips and condiments will be provided.

Please bring a dish or something to share.

There will be a Central Office table.

Special Guest Speaker.

Picnic tables on site but extra chairs are always needed.

If so inspired, bring a musical instrument, Frisbee or game to play!



Questions or to volunteer, contact Ellen O. at 732-245-6644 or Rachel D. at 310-429-3137 JUL\* 4-7\* 2024

In aligned 1981

# **ICYPAAUSTIN**

**PRESENTS:** 

# ERA OF CHANG









#### 77th North Carolina State Convention

# Language Heart



# July 11-14, 2024

Hilton Raleigh North Hills • 3415 Wake Forest Rd • Raleigh, NC 27609

#### **Hotel Reservations**

Room rate per night: \$154 + tax • Phone: (919) 872-2323 Ask for NC State Convention and/or group code **NCAREA** to make reservations.

#### **Online:**

www.NorthRaleigh.Hilton.com enter group code NCAREA where prompted.

Don't wait!... Hotel cut-off for Conference rate: June 20, 2024

#### **Convention Pre-Registration \$35.00/person**

Pre-registration rate available until June 20, 2024, \$40.00 per person June 20, 2024 and after. *Al-Anons/Alateens 18 & under - No charge but must register.* 

#### Register online at www.aancconvention.com



For more information or for problems with hotel reservations, please email: convention@aanorthcarolina.org or call Alana E. (980) 230-9333



#### Register early for July 11-14, 2024!

Complete and mail registration below *or* register online at **www.aancconvention.com** 

Name			
Address	Ple	ase print legibly	Enclosed is \$
City, State, Zip			for
Email			Is this a sponsor
Telephone ()		Sober Date (optional)	Preferred metho
Name(s) for badge(s)	Please print	Please print	If you are willing
L Do you have access	ibility needs?		please check he

# Speakers

Chris H Durham, NC

Beth H Destin, FL

Robin V Winston Salem, NC 🛆

Melanie C Charlotte, NC

Jason J Oregon City, OR

Chuck H Destin, FL

#### Workshops and more...

- ★ Old-Timers' Panel
- ★ Marathon Meetings
- ★ Skits
- ★ Open Discussion Meetings

 $\bigcirc \&$ 

- ★ Saturday Night Karaoke & Dance
- ★ Plenty of FREE Coffee



\$35.00 Special Rate before June 20, 2024 June 20 and after \$40.00 Al-Anons/Alateens 18 & under: No charge but must register.

*Make checks payable/mail to:* NC Convention Committee PO Box 41451 • Raleigh NC 27629

Enclosed is \$		
for		_ registration(s)
Is this a sponsorship?	□Yes	🗆 No
Preferred method of c	ontact:	
If you are willing to be please check here:	a volunt	eer,



# Lenguaje del corazón

# Del 11 al 14 de Julio, 2024

Hilton Raleigh North Hills • 3415 Wake Forest Rd • Raleigh, NC 27609

#### Las Reservaciones

Precio de cuarto por noche \$154 + impuestos • Teléfono: (919) 872-2323 Pregunte por la Convención de Carolina del Norte o el código del grupo NCAR EA para hacer reservaciones.

En Línea: Poner el código del grupo NCAREA donde se lo pida.

**No espere...!** El ultimo día para hacer reservaciones con el precio indicado de la convención es el 20 de Junio, 2024

#### La Convención Preregistro es \$35.00 por persona

El precio preregistro está disponible hasta el 20 de Junio, 2024 El precio es \$40.00 por persona después del 20 de Junio, 2024 Los menores de Al-Anon/Alateen no pagan pero tienen que registrarse

#### Se puede registrar en línea a www.aancconvention.con

Para más información o si tiene problemas de las reservas de hotel, se puede enviar un correo a: convention@aanorthcarolina.org o se puede llamar a Alana E. (980) 230-9333



Regístrese temprano para el 11-14 de Julio, 2024! Llene y envíe su registro abajo o registre en línea con www.aancconvention.com

Nombre	PO Box 41451 • Ral
(Por favor escriba legible) Dirección	
	Adjunto esta un cheque p
Ciudad, Estado, Código Postal	Para
Correo	Es un patrocinio? Si
Télefono () Fecha de sobriedad (opcional)	Medio de comunicación p
Nombre(s) para su tarjeta(s) de identificación	Correo electrónico
imprima por favor imprima por favor	Si quieres hacer trabajo vo
زTiene necesidades de accesibilidad?	pople aguí 🗌

#### Considere comprar una beca para los menos afortunados

#### Oradores

Chris H Durham, NC

Beth H Destin, FL

**Robin V** Winston Salem, NC

Melanie C Charlotte, NC

Jason J Oregon City, OR

Chuck H Destin, FL

#### Talleres y más...

- ★ Panel de Oradores Veteranos
- ★ Reuniones maratonicas
- ★ Representaciones de parodia
- $\star$  Reuniones abiertas al discutir  $\triangle \triangle$
- ★ Karaoke y baile la noche del Sábado
- ★ Bastante café gratis



\$35.00 precio especial antes del 20 de Junio, 2024 El 20 de Junio y después es \$40.00 Los menores de Al-Anon/Alateen no pagan pero tienen que registrarse.

Hagan los cheques al nombre de: NC Convention Committee eigh NC 27629

Adjunto esta un cheque por \$	
Para	_El registro
Es un patrocinio? 🗌 Si 🗌 No	
Medio de comunicación preferida:	
Si guieres hacer trabajo voluntario,	

# 28<sup>th</sup> Annual Southeast Woman to Woman Conference



#### "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation No Children Allowed in Conference Rooms



# "OUR COMMON BOND" AUGUST 16-18, 2024

Hilton Charlotte University Place

8629 JM Keynes Drive – Charlotte, NC 28262

Reservations: 704-547-7444 or online at https://www.sewomantowoman.org/

King or Double rooms \$169 – Code SEW (Cutoff 07/10/24)

[Breakfast Saturday and Sunday mornings for registered hotel guests included in the room rate.]

Chair: Betty G. 704-491-1519 chairsew2w24@gmail.com Text Message Contacts Co-Chair: Lisanne S. 704-905-1706

Registration: Claudia H. 630-362-9086 RegisSEW2W24@gmail.com

w24@gmail.com treassew2w24@gmail.com RegisSEW2W24@g CUT OFF DATE FOR ONLINE AND MAIL IN REGISTRATION IS 7/31/2024

Conference Registration: \$65.00 until March 31<sup>st</sup> \$70.00 April 1<sup>st</sup> to July 31<sup>st</sup>, then On-site Registration REGISTRATION IS TRANSFERABLE BUT NOT REFUNDABLE!

Register Online at https://www.sewomantowoman.org/ beginning October 15, 2023

Or: Clip and mail the Registration Form at the bottom with your payment

Queens Banquet: \$75.00 (Capacity is 400) Register Early Optional Dress Code: "Gowns, Crowns and Tiaras" Colors: Purple and Silver/White "We do clean up nicely!"

Clip and Mail Registration with payment Payable to: Southeast Woman to Woman Mailing Address: SEW2W, c/o Claudia Howard, 8705 Fox Chase Lane, Charlotte, NC 28269

Name:		Badge Name:	
Address:		City:	, State Zip
Contact Phone:	Email:		Sober Date:
Registration Fee: \$65.00 \$70.00 (AFTER 3/31/24)	Scholarship: \$	Banquet: \$75.00	AA Al-Anon
Are you willing to Volunteer?	Special Needs:		
	Souvenirs	5:	
Tumbler: \$20.00 T-Shirt: \$22.00	Hoodie: \$32.00 Ball C	ap \$15.00 S M	_ L XL 2XL 3XL
τοτΑ	AL AMOUNT ENCLOSED: \$		_

2024	<u>4</u> B		DG		5     
Worksho Weeken	p d Tel		ARY CO	ONTACTS	5
Septen	nber	6th	<b>- 8</b>	th 20	24
<b>X</b> Missoula	<b>3803</b> .	& Big	Sky Co.	e Inn and S nference C oula, MT 5	enter
	For hotel r Refer to Gr	eservations oup <b>BTGWV</b>	call Reservat <b>V</b> for worksho	Montana ions at 1-406-251 op rate of \$139 p nd consists of pro-	-2665 lus tax
	cussions, share	ed experience Go to b	es, and brea	kout sessions on for online re	BTG topics.
<b>\$85 Registration &amp;</b> Total Submitted: \$	<b>Banquet</b> Ba	nquet Registrati	ions must be rece		
Name				•	-
Address City Email:	State	Zip		Area #:	
Accommodations-Special	oresentation on Needs?	the following	y topic:		

Return registration form and check to: BTGWW, 2107 Watson Ave St. Paul MN 55116 Any questions contact Laura S. at (612) 309-8385 or email: <u>coordinator@btgww.org</u> NORTH CAROLINA CONFERENCE OF YOUNG PEOPLE IN AA

NCCYPAA XXIV

SEPTE//BER 19TH - 22ND, 2024

Easy Does It

WINSTON-SALEM, NC

Hawthorne Inn & Conference Center 420 High Street SW Winston-Salem, NC 27101 www.HawthorneInn.com

NCCYPAA2023.COM

<u>Room Block Rate</u>: \$109 a night Call hotel to book: (336) 777-3000



# THE LOVE & SERVICE



## Where We Share Stories of Applying the **AA Steps**, Traditions and Concepts

FORMERLY THE UNITY & SERVICE CONFERENCE HOSTED BY THE LOVE & SERVICE GROUP

MAIN SPEAKERS: BILLY N. ~ PALM BEACH GARDENS, FL ARISA B. ~ BOSTON, MA

OCT| FRI |2024 11

OCT | SAT | 2024 12

REGISTRATION OPENS : 3:00PM EVENT STARTS : 9:00AM EVENT : 6:00PM - 8:30PM

EVENT ENDS : 10:00PM

**EVENT COST \$45** INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

#### SATURDAY DINNER COST \$55

OPTIONAL



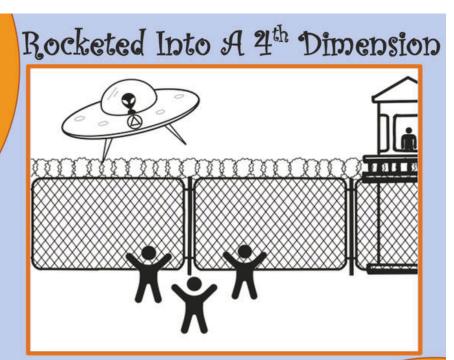
HYBRID EVENT SPANISH INTERPRETATION ASL INTERPRETATION



THE HOPE CENTER | 2275 MORELLO AVE | PLEASANT HILL | CA

For more information email 3LegaciesConf@LoveAndServiceGroup.org

# 7<sup>th</sup> Annual National Corrections Conference



Nov.

2024

8 - 10,



Sheraton Charlotte Airport Hotel 3315 Scott Futrell Drive, Charlotte, NC 28208

**Death Row Package:** Registration; Banquet, Ice Cream Social, Hospitality, Coffee, T-shirt = \$140 (save \$20)

**Medium Security Package:** Registration; Banquet, Hospitality; Coffee, T-shirt = \$130 (save \$15)

Juvie Package: Registration; Hospitality; Coffee, T-shirt = \$80 (save \$10)

Individual prices: Registration or Scholarship -\$50; Banquet-\$55; Ice Cream Social-\$15; Hospitality-\$10; Coffee-\$10; Zoom-\$25; T-shirt-\$20

For more information, contact: Angel – AngelNCC2024@gmail.com 305-972-7979 Registration information: Sandy – 252-813-1055

Registration						
Name	Scholarship Name (if purchased)					
Address	Email					
Area Name on badge		Phone number				
Package purchase	Individual events purchase_					
If a t-shirt was ordered, please state size						
If you purchased the banquet, please choos	e one option: Chicken	Fish Vegetari	an			
Checks payable to: National Co	orrections Conference	P.O. Box 1201, Meban	e, NC 27302			

# Alcoholics Anonymous Southeast Regional Forum DECEMBER 6 - 8th, 2024

Regional forums provide opportunities for A.A. members across the U.S. and Canada to connect with people throughout the service structure, bringing together The General Service Board, A.A. World Services, Inc., AA Grapevine, Inc., The General Service Office and Grapevine Staff, A.A. Members, Service Newcomers, and Trusted Servants.

Please consider being a part of the committee. Trusted servants are needed for this forum to be a success.!

For Info: Rita N. (Forum Committee Chair) PH: (731) 445-4601 EMAIL: <u>ezduzit83@yahoo.com</u>

MISSISSIPPI

GULF COAST

Golden Nugget Biloxi, MS





#### **General Service Office of Alcoholics Anonymous**

www.aa.org

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to: P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

March 15, 2023

- TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada
- FROM: Sandra W., 2025 International Convention Interim Coordinator Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

"Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees' Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention."

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.

For updated information, visit the website: https://www.aa.org/international-convention

