

# Mountain April 2026 Downs

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## The Conference Process

BY: Anonymous | The Village, Florida

### A member in Florida shares their thoughts about how the Conference works and the best way to use it.

Some years ago, I was privileged to be elected by my home group to serve as their GSR (general service rep). And so began my extensive study of the A.A. *Service Manual* and the book *A.A. Comes of Age*. I had imagined it would be very dry reading, but was surprised and delighted to have many spiritual experiences as I read those pages.

Just as so many of us believe that our Big Book was divinely inspired, so too was the engineering of our Conference structure. But sadly, I find few members of our Fellowship really know or understand how to tap into this process.

I had lunch today with several other AA women, all sober many years. I shared with them what my service sponsor explained to me. If we want to see change in AA, we first need to get the support of our home group behind us. Then, when we speak, we will be speaking for many instead of one.

We all hear ideas for improvement from different members all the time, whether it be a need to update a pamphlet, add new literature or publish new videos. It pains me greatly when members simply turn to literature published by other companies, instead of utilizing the tools AA already has, and keep our money and our finest resources here in AA.

What most members don't realize is that if they bring a good idea up at their home group business meeting and the group conscience supports the idea, their GSR can take that opinion to their district meeting and present it to the other GSRs. They, in turn, can take it back to *their* home groups to discuss. At the next district meeting, a group conscience of the district can be taken. If that's favorable, the DCM (district committee member) can share the idea with other DCMs to report to their districts for consideration or wait and report it at the area assembly. Everyone present at the assembly can take it back to their home groups for consideration and a vote.

At the next area assembly the GSRs can bring back the voice of their home groups about this idea. If the area approves it, the area delegate then sends the proposal to the General Service Conference (GSC) for consideration. The GSC can send the idea back through all the delegates to all areas throughout the U.S. and Canada. Now all home groups connected to the service structure have a chance to consider this idea and send their decisions back through the structure. At the next GSC, the idea will be considered and voted on.

For instance, if a piece of literature is approved, a directive will be sent to the Trustees Literature Committee to make it happen. It may have to go back to the Fellowship for approval before publishing, but AA World Services will eventually publish this Conference-approved literature. This work then will truly be the voice of all AA and not just a few members.

**We hope you consider attending local workshops and Conferences.**

**See Page 5 for information and links!**

Central Office is open  
Monday-Friday 10am-1pm

(828) 254-8539  
24/7

info@wncaa.org  
aancmco.org



## Inside This Issue

### Page

- 2 Grapevine; After-hours Phone Volunteers Needed; Request for Submissions from A.A. Members; Call & Visitor Log
- 3 COR/NCMCO Board Meeting Information; Where to Find Meetings; Cash on Hand; Profit & Loss YTD
- 4 Contributions; Suggestions & Addresses for Donations
- 5 Special Meetings and Events
- 6 The Service Express
- 7 Anniversaries
- 8-30 Information and Flyers

This is a lengthy process, but a powerful one. Shortcuts are often taken. A GSR can take their group's opinion on an idea directly to the area assembly and report it. But then they are representing only one home group in one district. Some GSRs may take that idea back to their home groups to discuss, but others might not. An individual member can even write directly to GSO and make a request. If worthy, that request may make it to the trustees committee. But if it's only one AA's opinion, it might not be a very compelling request.

When we use the Conference structure process, the voice of the Fellowship is louder and more powerful and will definitely be heard. By using this process, we help ensure that the Fellowship of AA always holds the final responsibility and ultimate authority for all of AA's world services.

*"Copyright © The AA Grapevine, Inc. (April 2026) Reprinted with permission. All rights reserved. To subscribe to AA Grapevine, please visit: <https://www.aagrapevine.org/store/grapevine-subscriptions>*

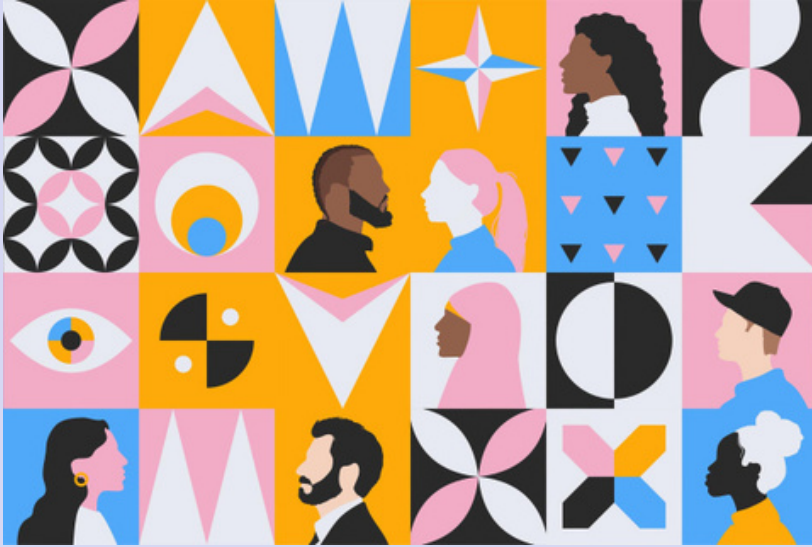
**The following position is open on the NCMCO Board (for the remaining 2025-2026 term):**

### 12th Step Call Coordinator

1. Shall have responsibility for maintaining the 12th Step phone call volunteer list.
2. Recruits new volunteers.
3. Work with the Office Manager to keep the 12th Step volunteer list information current.
4. Shall have at least three years of continuous sobriety.

If you are interested in volunteering for this position, contact Central Office: (828) 254-8539; [info@wncaa.org](mailto:info@wncaa.org) or attend the next COR/Board meeting **May 14 at 6:00pm**. See the website for zoom link: <https://aancmco.org/index.php/event/ncmco-general-committee-meeting-zoom-3/>

# April Grapevine now available!



## Getting into General Service

The April issue is "Getting into General Service," featuring inspiring stories of experience by AA members about how they got into service below the group and how it changed their sobriety.

<https://www.aagrapevine.org> 

## AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. April 15 for the May issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: [news@wncaa.org](mailto:news@wncaa.org)

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

## After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm.

Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

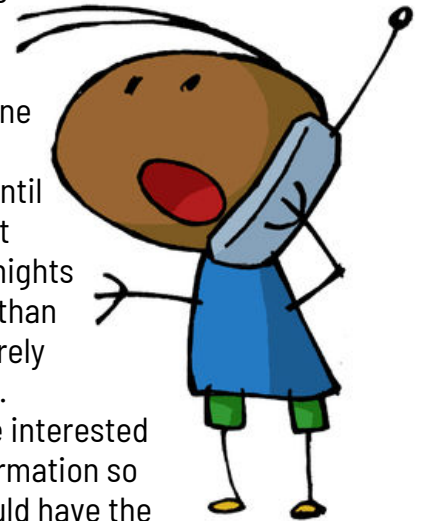
One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.



## Call & Visitor Log February 2026

12 Step Calls - 10  
General Info - 3  
Family Help - 2  
Meeting Info - 22  
Central Office Business - 47  
Medical/Detox - 0  
Visitors - 56  
After-hours calls - 33



Visits to [aancmco.org/](https://aancmco.org/) website:

Unique Visitors - 34,151

Total Visits - 45,266; Visits/Visitor - 1.33


Total Pages - 164,551; Pages/Visit - 3.64



# COR/NCMCO Board Meeting


COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.


**12 Step Call Coordinator Needed!**  
(See first page of this newsletter for details.)


The next General Committee meeting will be **Thursday, May 14, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000. 

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>


## Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

## Cash on Hand as of 2/28/2026

**Prudent Reserve**  
**\$16,170.72**

**Operating Account**  
**\$11,298.96**

**Rent Deposit - \$900.00**  
**Petty Cash - \$50.00**

## Profit & Loss YTD

	Jan 2026	Feb 2026	2026 (YTD)
<b>Revenue</b>			
<b>Contributions</b>			
Group Contributions	\$3,144.23	\$6,459.61	\$9,603.84
Individual Contributions	\$7.71	\$27.23	\$34.94
<b>Total Contributions</b>	<b>\$3,151.94</b>	<b>\$6,486.84</b>	<b>\$9,638.78</b>
Interest on Money Market	\$1.37	\$1.24	\$2.61
<b>Sales Income</b>			
Literature & merchandise	\$3,539.55	\$2,745.24	\$6,284.79
Shipping charged to groups	\$56.30	\$27.37	\$83.67
<b>Total Sales Income</b>	<b>\$3,595.85</b>	<b>\$2,772.61</b>	<b>\$6,368.46</b>
<b>Total Revenue</b>	<b>\$6,749.16</b>	<b>\$9,260.69</b>	<b>\$16,009.85</b>
<b>Cost of Goods Sold</b>			
<b>Credit Card Processing</b>			
PayPal Fee	\$32.33	\$21.83	\$54.16
<b>Total Credit Card Processing</b>	<b>\$32.33</b>	<b>\$21.83</b>	<b>\$54.16</b>
Freight - vendor shipping	\$28.84	\$27.87	\$56.71
Literature & merchandise-COGS	\$3,029.58	\$1,936.15	\$4,965.73
Shipping to groups	\$76.43	\$27.37	\$103.80
<b>Total Cost of Goods Sold</b>	<b>\$3,167.18</b>	<b>\$2,013.22</b>	<b>\$5,180.40</b>
Inventory Shrinkage	\$31.21	-\$47.11	-\$15.90
<b>Total Cost of Goods Sold</b>	<b>\$3,198.39</b>	<b>\$1,966.11</b>	<b>\$5,164.50</b>
<b>Gross Profit</b>	<b>\$3,550.77</b>	<b>\$7,294.58</b>	<b>\$10,845.35</b>
<b>Expenditures</b>			
Accountant fees		75.00	75.00
Office Supplies		73.79	73.79
<b>Payroll Expenses</b>			
Gross Salary	\$1,622.40	1,644.80	\$3,267.20
Payroll Taxes (Company)	\$124.11	\$125.82	\$249.93
<b>Total Payroll Expenses</b>	<b>\$1,746.51</b>	<b>\$1,770.62</b>	<b>\$3,517.13</b>
Rent	\$936.00	\$936.00	\$1,872.00
<b>Telephone &amp; Internet</b>			
Office Telephone/Internet	\$89.08	\$89.08	\$178.16
Virtual Meetings	\$16.99	\$16.99	\$33.98
Web Expenses		21.19	21.19
<b>Total Telephone &amp; Internet</b>	<b>\$106.07</b>	<b>\$127.26</b>	<b>\$233.33</b>
<b>Total Expenditures</b>	<b>\$2,788.58</b>	<b>\$2,982.67</b>	<b>\$5,771.25</b>
<b>Net Operating Revenue</b>	<b>\$762.19</b>	<b>\$4,311.91</b>	<b>\$5,074.10</b>
<b>Net Revenue</b>	<b>\$762.19</b>	<b>\$4,311.91</b>	<b>\$5,074.10</b>

**January Profit and Loss  
Indicates revised Payroll  
tax figures.**





# Contributions

## Group Contributions:

	Feb 2026	YTD
12 & 12 Study Group - 000090348		\$30.00
Acceptance Group 000092265	\$475.63	\$475.63
As Bill Sees It Group (Franklin) - 000442480	\$17.47	\$17.47
Big Town Group - 000096080		\$197.95
Brevard AA Online - 000453800	\$283.91	\$283.91
Brevard Serenity Group - 000096758		\$171.10
Bryson City Group - 000097273		\$6.47
Clear Cut Direction Group - 000743652		\$100.00
Conscious Contact Group - 000099980		\$298.81
Cullowhee Valley Group - 000100669		\$120.00
Fellowship Group (Fletcher) - 000104116	\$464.97	\$464.97
Good Livers Group - 000107590	\$600.00	\$600.00
Grace Group (Asheville) - 000107789	\$1,596.42	\$1,596.42
Hendersonville Group - 000110033		\$375.00
High Noon Group - 000110266	\$100.00	\$100.00
Joy Of Living Group - 000112527		\$62.40
Let Go Absolutely Group - 000403031	\$150.00	\$150.00
Mars Hill Group - 000017945	\$225.00	\$225.00
Motley Crew Group - 000390376	\$81.00	\$81.00
New Freedom Group - 000032374		\$431.00
Noontime Big Book Study Group - 000409637	\$52.00	\$52.00
Phoenix Group - 000049062	\$47.70	\$123.70
Pine Grove Group		\$250.00
Serenity Service Group - 000068387	\$402.98	\$402.98
Sober Sisters Group (Flat Rock) - 000073208	\$200.50	\$200.50
South Asheville Literature Group - 000075329	\$50.00	\$50.00
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$160.00
Strange Camels - Brevard		\$100.00
Surrender Group (Blk Mtn) - 000086090		\$119.50
The Open Meeting Group - 000418805	\$238.20	\$238.20
The Really Big Big Book Group - 000743378	\$45.00	\$45.00
Waynesville Grace Group - 000022141	\$1,328.83	\$1,328.83
Waynesville Grace Group Tuesday Night		\$50.00
Women of Courage Group - 000036989		\$250.00
Women's Way Group 000513711		\$96.00
Young People's Group - 000042150	\$100.00	\$100.00
<b>Total Group Contributions:</b>	<b>\$6,459.61</b>	<b>\$9,603.84</b>

## Individual Contributions:

	Feb 2026	YTD
Anonymous	\$27.23	\$31.94
<b>Total Individual Contributions:</b>	<b>\$27.23</b>	<b>\$31.94</b>

## Total Contributions:

**\$6,486.84    \$9,635.78**

**Note:** If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

## How ARE we "Self-Supporting?"

### Suggestions & Addresses for sending Donations to the A.A. Service Structure\*

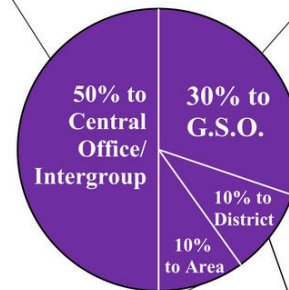
Revised for 2026

➔ **NOTE: New address for District 80**

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**NCMCO**  
70 Woodfin Place  
Suite 212  
Asheville, NC 28801

**General Service Office**  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

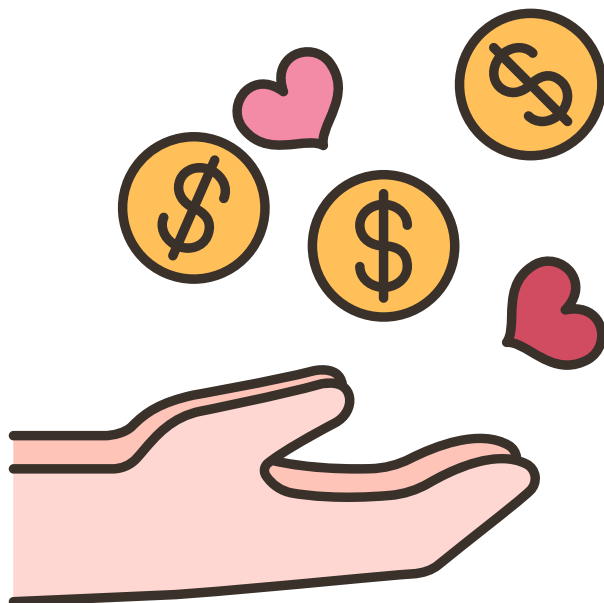


**NCGSC – Area 51 Treasurer**  
PO Box 11104  
Wilmington, NC 28404

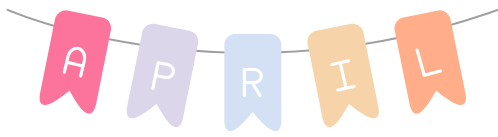
**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
PO Box 202  
Hendersonville, NC 28793

**District 80 Treasurer**  
486 Wooten Rd  
Franklin, NC 28734







# Special Meetings and Events



NC Virtual Pre-Conference Days. Thursday, April 9, 7:00-9:00 PM and Saturday, April 18, 9:00-11:00 AM. Zoom link: <https://us02web.zoom.us/j/8313961415>

District 70 GSR Workshop. Sunday, April 12, 1:30-2:30 PM. St Lukes Episcopal Church, 219 Chunns Cove Rd, Asheville, NC 28805 (Also Available via [Zoom](#): Meeting ID: 933 8500 3069 Passcode: 672458)

18th Annual Spring Fling Convention: "We've Come of Age." April 24-26. Hilton St. Louis Airport, 10330 Natural Bridge Rd., St. Louis, MO 63134. (314-426-5500) <https://springflingstl.com/>

"Spring Into Sobriety." Saturday, April 25, 9:30 AM - 3:00 PM. See flyer for more details, or go to website: <https://springintosobriety.wixsite.com/springintosobriety> or email: [springintosobrietytyilm@gmail.com](mailto:springintosobrietytyilm@gmail.com)

Fireside Sobriety Circle Campout. May 7-10. Yogi in the Smokies Campground, Big Cove Rd., Cherokee, NC 28719. See flyer or email: [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

Area 51 Spring Committee Meeting & Assembly Meeting. May 15-17. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr., Lake Junaluska, NC 28785. For more information see flyer or go to website: <https://tinyurl.com/2zy5bsmf>

7th Annual Appalachian Regional Roundup. May 22-24. Meadowview Conference Resort & Convention Center, 1901 MeadowView Parkway, Kingsport, TN 37660. For more info: <https://www.appalachianregionalroundup.com/>

NC District 71 Annual Founders' Day Picnic. Saturday, June 6, 12:00 PM. Picnic Shelter, Holmes Educational State Forest, 1299 Crab Creek Rd. #8440, Hendersonville, NC. 28739. See flyer or contact District 71 at: <https://www.nc71.org/contact>

91st Annual Founders' Day. June 12-14. Akron, OH. See flyer and for registration go to: <https://foundersday.org/>

NC District 80 Founders' Day Event. Saturday, June 13, 11:30 AM - 2:15 PM. First Presbyterian Church, Franklin, NC 28734. See flyer.

79th Annual AA NC Convention. July 16-19. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr., Lake Junaluska, NC 28785. For more info: <https://www.aanconvention.com/>

66th ICYPAA Conference. September 3-6. The Amway Grand Plaza Hotel, 187 Monroe Ave NW, Grand Rapids, MI 49503. See flyer or go to website: <https://www.ICYPAA.org>

SERF Southeast Regional Forum 2026. September 18-20. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. More info: <https://www.aa.org/regional-local-and-special-forums>

Bridging the Gap - Workshop Weekend. September 25-27. Hilton Garden Inn, 12080 S. Strang Line Road, Olathe, KS 66062. For more info: <https://www.btgww.org/>

NC Area 51 Conferences and Events: <https://aanorthcarolina.org/a51-events/>

## INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: [https://www.aa.org/sites/default/files/newsletters/f-36\\_winter2026.pdf](https://www.aa.org/sites/default/files/newsletters/f-36_winter2026.pdf)


AA World Services Board Update: [https://www.aa.org/sites/default/files/newsletters/AAWS\\_Highlight\\_Dec\\_2025\\_V1.pdf](https://www.aa.org/sites/default/files/newsletters/AAWS_Highlight_Dec_2025_V1.pdf)

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>



# The Service Express

## District 70

**GSR Business Meeting** – Meetings are held the 2nd Sunday of the month. The next meeting will be **Sunday, April 12, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805. 

Show up early in April, at 1:30 pm, to participate in the New GSR Workshop that is being held right before the regular meeting. Come learn about general service and what it means to be a GSR! Bring a friend!

**Accessibilities Committee** – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at [access@ashevilleaa.org](mailto:access@ashevilleaa.org) for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

**Archives Committee** – The Chairperson is Dennis H. Do you have organizational skills? Do you like looking through old history and making discoveries? Perhaps you like talking to others and getting their history. Maybe you are interested in collecting and saving documents put out by the district. How would you like to learn how to properly store items for future travelers of the A.A. path? All this is possible by joining the Archives Committee. We meet the first Saturday of the month. There is an in-person meeting at the home of the Chairperson (contact [archives@ashevilleaa.org](mailto:archives@ashevilleaa.org) for address). For Zoom, go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>. We would love to have you do service with the Archives Committee.

**CPC/PI Committee** – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at [cpc-pi@ashevilleaa.org](mailto:cpc-pi@ashevilleaa.org).

**Corrections Committee** – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. The Women's prison in Black Mountain is having an orientation **Monday, June 1, at 6:30pm**. If you would like to volunteer, please contact Liz P. Also, please keep your eyes out for The Pink Can! This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: [corrections\\_women@ashevilleaa.org](mailto:corrections_women@ashevilleaa.org), or [preRelease@AshevilleAA.org](mailto:preRelease@AshevilleAA.org) or Mitch R, the Men's Corrections Chair, at [corrections\\_men@ashevilleaa.org](mailto:corrections_men@ashevilleaa.org)

**Literature and Grapevine Committee** – The Chairperson is Lynn H. She can be reached at: [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org). The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

**Technology Committee** – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going, or having technical issues, please reach out to George at: [technology@ashevilleaa.org](mailto:technology@ashevilleaa.org) and he can offer support.


## District 70 - continued

**Treatment Facilities Committee** – The Chairperson is Anna B. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. Overall, everything is going well! They are always looking for more volunteers. If you are interested, contact Anna at: [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org)

**“Bridging the Gap” (with treatment facilities)** - The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org) For more information on Bridging the Gap and upcoming events, visit the website: [www.btgww.org](http://www.btgww.org) 

## District 71

**GSR Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday, April 11, at 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: [nc71aa@gmail.com](mailto:nc71aa@gmail.com) or through the District 71 website: <https://www.nc71.org/contact>  Service is one of the Three Legacies of AA.

## District 80

**GSR Meeting** – held quarterly. The next meeting will be on **Sunday, April 12, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <https://aawnc80.com/>

### Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

**District 70:** Email: [registrar@ashevilleaa.org](mailto:registrar@ashevilleaa.org)

**District 71:** Use the form at: <https://www.nc71.org/meeting-change-form>

**District 80:** Email: [webmaster@aawnc80.com](mailto:webmaster@aawnc80.com)

### NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: [news@wncaa.org](mailto:news@wncaa.org). Much appreciated!



# Happy Anniversary!

## 3 Legacies Group

Craig F. 4-26-2017 9 yrs

## Acceptance Group

Liz P. 4-27-2018 8 yrs

## Back to Basics Group - Marion

Ronnie C. 4-28-2000 26 yrs

## Back to Basics Group - Weaverville

Greg P. 4-12-2021 5 yrs

Perry B. 4-15-1996 30 yrs

Cara 4-23-2023 3 yrs

## Black Mountain Group

Laura B. 4-04-1989 37 yrs

Jack F. 4-04-1991 35 yrs

Rene H. 4-27-2007 19 yrs

## Burnsville Group

David C. 4-06-2022 4 yrs

Jack L. 4-15-1980 46 yrs

Marcy M. 4-30-1980 46 yrs

## Candler K.I.S.S. Group

Briget S. 4-18-2018 8 yrs

## Conscious Contact

Kay G. 4-16-2018 8 yrs

John G. 4-29-1980 46 yrs

Mary Lou B. 4-29-2021 5 yrs

## Daily Decisions Group

Brad D. 4-23-1990 36 yrs

Kelly W. 4-24-1998 28 yrs

Annie J. 4-27-2021 5 yrs

Jaime B. 4-28-1989 37 yrs

## Fellowship Group

Cathy O. 4-01-2020 6 yrs

Alisa L. 4-02-2022 4 yrs

Brenton F. 4-05-2023 3 yrs

Lauren S. 4-02-2022 4 yrs

Rebecca R. 4-14-2024 2 yrs

Bill M. 4-09-1987 39 yrs

Colin S. 4-20-2023 3 yrs

Jason G. 4-23-2019 7 yrs

Ken W. 4-24-1990 36 yrs

Tanner N. 4-24-2024 2 yrs

## Fireside Group

Colby L. 4-09-2025 2 yrs

Emily 4-13-2024 3 yrs

John E. 4-16-2019 8 yrs

Don O. 4-17-1987 40 yrs

Edie D. 4-23-2013 14 yrs

## Good Livers

Ray D. 4-01-1986 40 yrs

Cathy E. 4-03-2011 15 yrs

Penny C. 4-09-2024 2 yrs

Zoe H. 4-17-1987 39 yrs

Ashley R. 4-27-2022 4 yrs

Margaret N. 4-29-1986 40 yrs

Missy G. 4-29-1987 39 yrs

## Grace Group

Micaela W. 4-01-2021 5 yrs

Cassie J. 4-04-2009 17 yrs

Frank T. 4-17-2011 15 yrs

Katie B. 4-19-2020 6 yrs

Michelle J. 4-24-2005 21 yrs

Riley H. 4-29-2015 11 yrs

Ben O. 4-29-2020 6 yrs

Beth T. 4-30-1993 33 yrs

Mary Lou B. 4-30-2020 6 yrs

Tony W. 4-30-2021 5 yrs

## Hendersonville Group

Joanie 4-01-1985 41 yrs

Doug P. 4-01-2024 2 yrs

Ray L. 4-04-1989 37 yrs

Nate T. 4-05-2021 5 yrs

Margaret M. 4-08-2023 3 yrs

Lana W. 4-22-2018 8 yrs

Jaclyn C. 4-22-2022 4 yrs

Bruce L. 4-14-2025 1 yr

Lou 4-16-2020 6 yrs

Juricka K. 4-20-2024 2 yrs

Mark A. 4-22-1992 34 yrs

Dan H. 4-24-2014 12 yrs

Satori. 4-28-2012 14 yrs

Stuart P. 4-29-2002 24 yrs

Suzanne F. 4-30-2017 9 yrs

## Hendersonville Men's Group

Steve W. 4-05-2022 4 yrs

Eric M. 4-08-2004 22 yrs

## Hey Girl, Surrender Group

Nancy W. 4-17-2018 8 yrs

## Lambda Group

Jenny H. 4-27-2004 22 yrs

## Leicester Group (Inactive)

Bob F. 4-21-1983 43 yrs

## Library Group

Lucy B. 4-16-1985 41 yrs

## Mars Hill Group

Frank T. 4-08-2007 19 yrs

## Serenity Service Group

Kenneth P. 4-02-2024 2 yrs

Rob H. 4-11-2020 6 yrs

Sarah G. 4-20-2022 4 yrs

James K. 4-21-2017 9 yrs

Brian M. 4-22-1978 48 yrs

Casey B. 4-25-2024 2 yrs

## Surrender Group - Black Mountain

Greg K. 4-06-2015 11 yrs

Pete M. 4-22-1980 46 yrs

Bill V. 4-25-2005 21 yrs

## Total Surrender Group

Kathy O. 4-01-2020 6 yrs

Bill G. 4-10-1997 29 yrs

Wanda T. 4-12-2021 5 yrs

## Traditional Group

Michael W. 4-08-2012 14 yrs

Holly 4-19-2018 8 yrs

## Waynesville Grace Group

Diane M. 4-11-2008 18 yrs

Sue B. 4-14-2010 16 yrs

## Women of Courage

Trisha 4-01-2023 3 yrs

Laura A. 4-03-2015 11 yrs

Amy A. 4-10-2012 14 yrs

Lori E. 4-12-1989 37 yrs

Calla C. 4-12-2022 4 yrs

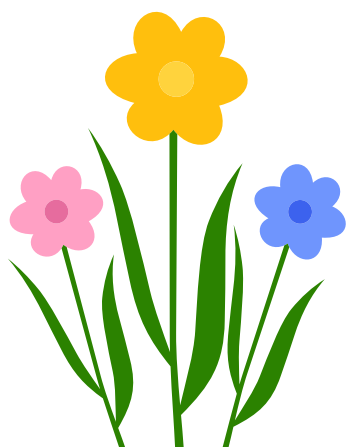
Nikki M. 4-14-1989 37 yrs

Annie M 3-07-2023 3 yrs

**Need to update your Group's anniversary list?**

Call Central Office: (828) 254-8539, or send a new list to: [info@wncaa.org](mailto:info@wncaa.org)

The May newsletter deadline for sending in anniversaries and announcements is April 16.





**Does your group have a**

**COR?**

**(Central Office Representative)**

**What are Central Office Representatives and  
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2<sup>nd</sup> Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!  
What are we doing well? What can we improve upon?  
How can we serve Districts 70, 71 and 80 more effectively?  
What might we do to draw more participation from groups?

**Please send your feedback to: [info@wncaa.org](mailto:info@wncaa.org)**

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

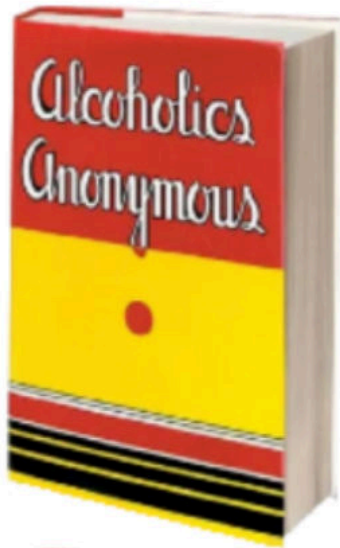
<https://aancmco.org/index.php/events/>

## Now Available at Central Office

70 Woodfin Pl., Ste 212  
Asheville, NC 28801  
10 AM to 1 PM Mon-Fri  
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75<sup>th</sup> Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS  
FACSIMILE FIRST PRINTING OF THE  
FIRST EDITION (Item B-0) is now  
priced at \$2 USD, for the foreseeable  
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!



# PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

## **VOLUNTEER RESPONSIBILITIES**

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
  - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

## **WHAT volunteers are NOT:**

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
  - a. loan money or any thing of value
  - b. become a personal taxi service
  - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

[PreRelease@AshevilleAA.org](mailto:PreRelease@AshevilleAA.org)

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

# DISTRICT 70 CORRECTIONS



# **DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU**

**...to serve on and work your 12th step.**

**Do you want to help with ongoing Service Commitments  
to bring meetings into Treatment Facilities?  
Or share your story and use the wreckage of your past to help others?**

**Become a Volunteer with us!**

**Treatment Positions at the Group Level as well!  
Would you like to attract more Newcomers to your Group?  
Ask your GSR about us or invite us to your business meeting to learn more...**

**Questions? Or to participate, please contact Anna B:**

**[Treatment@ashevilleAA.org](mailto:Treatment@ashevilleAA.org)**

## **Current Needs:**

**Transformation Village (women): Join us for the Monday meeting**

**First Step Farm (women): Speakers on Tuesday**

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings  
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to  
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate  
meetings on Fridays & Saturdays**

# Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

---

Grapevine App (iPhone)

---



---

Grapevine Website

---



---

Grapevine App (Android)

---



---

Mountain Central Office

---



---

NC Area 51

---



---

AA.org

---



In case you missed a  
Regional  
Preconference  
Event

# Virtual Preconferences

April 9, 2026 7pm - 9pm (Thursday)

April 18, 2026 9am – 11am (Saturday)

## Zoom Info

Meeting ID: 831 9396 1415

<https://us02web.zoom.us/j/83193961415>



“So, since 1951 we have been holding these yearly Conferences, to see whether this movement was interested enough, was responsible enough, felt those services were worthwhile enough, to maintain so long as God will need this society. And I think it’s the conclusion of every delegate who has been there that yes, we should take these things over. So, in 1955 we propose to hold an International Convention, at which time, on behalf of the oldtimers, and of Smithy and me, we shall say to you, here is the remainder of your Third Legacy. This Conference shall become our successor. To you we hand the last torch. Carry on. Face your destiny with surety and courage, and God love you.”

— Bill W., speaking at the 1954 Texas State Convention



“Therefore we expect that our Conferences will always try to act in the spirit of mutual respect and love — one member for another. In turn, this sign signifies that mutual trust should prevail; that no action ought to be taken in anger, haste, or recklessness; that care will be observed to respect and protect all minorities; that no action should ever be personally punitive; that whenever possible, important actions will be taken in substantial unanimity; and that our Conference will ever be prudently on guard against tyrannies, great or small, whether these be found in the majority or in the minority. The sum of these several attitudes and practices is, in our view, the very essence of democracy — in action and spirit.”

— A.A. Service Manual, page C-58 (Bill W. Commentary on Concept XII)

### Questions?

#### Contact

Denise M. Delegate

[delegate@aanorthcarolina.org](mailto:delegate@aanorthcarolina.org)

Greg K. Alt Delegate

[altdelegate@aanorthcarolina.org](mailto:altdelegate@aanorthcarolina.org)



# GSR Workshop

District 70, Area 51 - Asheville, NC

**Please join us for an introductory workshop for those currently serving or interested in becoming a General Service Representative, or any member of Alcoholics Anonymous!**

**Sunday, April 12<sup>th</sup> 2026**

**1:30–2:30 pm**

*(Preceding the GSR Business Meeting)*

**St. Lukes Episcopal Church**

219 Chunns Cove Road, Asheville, NC

**Also Accessible by Zoom!** 

Meeting ID: 933 8500 3069

Passcode: 672458

Scan to read AA's  
GSR Information  
Pamphlet!



Aim your camera > tap the link



With AL-ANON and YOUNG PEOPLE in AA PARTICIPATION



**Friday**

- 4 pm Registration Opens
- 5 pm Convention "Kick-Off Meeting "
- 6-7 pm Taco Bar
- 7:30 pm AA SPEAKER  
**Marti R., Buda, TX**
- 8:45 pm ICE CREAM SOCIAL
- 9 pm YPAA SPEAKER - TBD
- 10 pm ACTIVITY presented by YPAA

**Saturday**

- 10 am Workshop – TBD
- 11:30 am LUNCH to be served in Hospitality
- 1 pm AL-ANON SPEAKER  
**Val S., St. Louis, MO**
- 2:30 pm Workshop - TBD
- 6 pm BANQUET DINNER  
-Table Trivia  
-Sobriety Countdown
- 8pm AA SPEAKER  
**Ralph W., LA, CAL**
- 9:30 pm ALL Fellowship's Activity(s)

**Sunday**

- 8:30 am BREAKFAST BUFFET
- 10 am AA MAIN SPEAKER  
**Jane L., Tallahassee, FL**

**18<sup>th</sup> ANNUAL**

**SPRING FLING CONVENTION**

April 24 - 26, 2026

**"We've Come of Age"**

*Hilton St. Louis Airport  
10330 Natural Bridge Rd.  
St. Louis, MO 63134  
(314) 426-5500*



**\*When calling, mention code: Spring Fling 2026  
Special Reduced Room Rate of \$109 + tax**

**\*Reserve your room early before reduced rate ends April 19, 2026**

**TO REGISTER & BOOK YOUR REDUCED ROOM RATE VISIT:**

[www.springflingstl.com/convention](http://www.springflingstl.com/convention)



Scan Here  
To Be Taken  
Straight To The  
Registration Page!

**ARCHIVES, HOSPITALITY, MARATHON MEETING AND  
OUR "ZEN DEN" ARE OPEN ALL WEEKEND!!!**

=====MAIL IN REGISTRATION FORM =====

**Please complete and mail to: Spring Fling Convention, PO Box 22002, St. Louis, MO 63126**

Complete a separate form for each additional registration, which is **REQUIRED FOR ADMITTANCE**.

Make checks/money-orders payable to Spring Fling Convention - To sit together, submit together (10/table).

**Cut-off for mail-in registration is April 13, 2026**

*Newsletters from the Spring Fling Convention ONLY!*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

AA \_\_\_\_\_ Al-Anon \_\_\_\_\_ YPAA \_\_\_\_\_

On-Line Registration	\$30 _____
Door Registration	\$35 _____
Friday Night Taco Bar	\$25 _____
Ice Cream Social	\$15 _____
Saturday Night Banquet	\$55 _____
Steak ___ Chicken ___ Veg ___	
Sunday Breakfast Buffet	\$25 _____
Hospitality/Scholarship Donation	\$ _____
<b>TOTAL AMOUNT PAID</b>	<b>\$ _____</b>

Special Needs/Dietary Restrictions: \_\_\_\_\_

For more info email: [spring.flingstlmo@gmail.com](mailto:spring.flingstlmo@gmail.com)

Registration Chair: David W. G. (832) 893-9628

*\*Entering information above gives permission to receive mailings and/or*





# SPRING INTO SOBRIETY

**SAT 4.25.26**

**Longleaf Park  
314 Pine Grove Drive  
Wilmington, NC 28409  
Shelters 5 & 6  
10am-3pm**

**FREE & SELF SUPPORTING**

Your paragraph text

**FEEL FREE TO BRING A  
DISH/OR DESSERT  
TO SHARE AND  
BRING A CHAIR**




Contributions help pay for next year's event and after our prudent reserve, we contribute to Intergroup, our Area/District, and GSO.

## SHELTER 5

COFFEE / DESSERTS / GAMES / KID ZONE  
9:30am (Recovery Walk Sign In)  
10am SIS Recovery Walk  
11am AA Gratitude Circle Meeting

## SHELTER 6

12noon - Live Music & Food  
1:15pm - AA Speakers  
2:30pm - 50/50 Raffle, Recovery Countdown, In Memory Of, Serenity Prayer Closing Circle



For more details about SIS, the recovery walk, and service volunteer opportunities, Scan the QR code on your phone or visit: [springintosobriety.wixsite.com/springintosobriety](http://springintosobriety.wixsite.com/springintosobriety)  
Email: [springintosobrietyilm@gmail.com](mailto:springintosobrietyilm@gmail.com)





# FIRESIDE SOBRIETY CIRCLE



**STRENGTH**

**KINDNESS**

**HONESTY**

**SHARING**



# CAMPOUT

**May 7-10, 2026**

**YOGI in the SMOKIES CAMPGROUND**

**BIG COVE ROAD, CHEROKEE, NC**

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES, BLANKETS,  
Rain gear, SPONSOR/SPONSEES... and your POW WOW REGALIA..!

Contact: Herb W. at [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

Registration begins Thursday after the Sacred Fire is lit!

NO PETS in Food Serving/Eating area, Pow Wow, or Sacred Fire Area

**NO PETS AT TENT SITES**

~NA/AA/Al-Anon Speakers~  
Talking Circles ~ Native Teachings  
~Meetings, Meetings, Meetings~  
~T-shirts / Sweatshirts~  
~SOBRIETY Pow Wow~  
~Sobriety Countdown~  
"MUCH MORE"

**PRE-REGISTRATION: \$55 per PERSON** (kids under 10 are FREE, 11-12y/o \$15, and 13-18 \$20). \$60 at the Gate  
Price includes food and tent/camper site for three (3) nights **EARLY REGISTRATION ENDS May 1, 2026**

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL(S): \_\_\_\_\_ / \_\_\_\_\_

PHONE #: H) \_\_\_\_\_ (C) \_\_\_\_\_ (C) \_\_\_\_\_

# In Party: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

**Cut & Mail Registration Form by May 1st**  
**With Checks Made Payable to:** Fireside Spring 2026

**FIRESIDE CIRCLE**  
c/o Herb W.  
PO Box 2015  
Cherokee, NC 28719

# Area 51 Spring Committee & Assembly Meeting

## May 15-17, 2026

LAKE JUNALUSKA CONFERENCE & RETREAT CENTER  
91 North Lakeshore Drive, Lake Junaluska, NC 28745

### ADVANCE HOTEL INFORMATION

**Deadline for Reservations:** Tuesday, April 14, 2026

**Group Name:** NCGSCAA Assembly Meeting

**Link:** <https://tinyurl.com/2zy5bsmf> 

**Terrace Hotel Room Rates:** \$159.00 Single/Double, \$179.00 Triple, \$199.00 Quad

**Lambuth Inn Room Rates:** \$149.00 Single/Double, \$164.00 Triple, \$179.00 Quad

*11% room tax will be added.*

PLEASE SEE PAGE 2 FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

**Phone:** 800-222-4930, ext. 1

**Website:** [www.lakejunaluska.com](http://www.lakejunaluska.com) 

### **For Best Results:**

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Lindsey H., the Area Chairperson, at [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org).

**Thank you for your service and support of Area 51.  
See you at the Spring Committee and Assembly Meeting!**

## **Additional Information for our stay at Lake Junaluska:**

- **Accessibilities:** The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There may or may not be a trolley or mini shuttle, depending on availability. **The Terrace Hotel is the more accessible location.**
- **Optional Meal Plan:** If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$53.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$89 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- **Check in/Check out:** Check in will be available at 4:00 PM on the arrival day at the **Bethea Welcome Center located at 91 N Lakeshore Drive** (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$30.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

## **Why staying at our host hotel is important:**

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will “block” for our use. If we fill at least 85% of our room block, our meeting space is *discounted about 60%*. Otherwise, the Area will be charged for rooms until we reach the 85% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don’t have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our “common welfare,” so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

**“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”**

**Thank you for your service in Area 51!**





# Appalachian Regional Roundup

MAY 22-24 2026

KINGSPORT, TN

## Speakers

Ralph W- Los Angeles, CA

Sheldon F- Las Vegas, NV

Jimmy A- Jersey Shore, NJ

Danny B- Spring, TX

Steve L- Nashville, TN

Aaron Z- Molalla, OR

Nancy B- Denton, TX

June G- Oxnard, CA

Cyndi M- Louisville, KY

Sue L- Pittsburgh, PA

Meadowview Conference Resort  
& Convention Center

1901 Meadowview Parkway

Kingsport, TN 37660

Room Rate \$136.00

Call Or Visit Our Website To Book  
423-578-6600

Make check or money order  
payable to Appalachian Regional  
Roundup & mail to:  
P.O Box 7494  
1001 N. Eastman Rd  
Kingsport, TN 37664

For more information:  
Call Brittny H: 423-523-1368

or visit our website at

[www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)



Pre-registration is \$30 before May 13, 2026 &  
registration is \$35 at the  
door. Online registration is  
available at [www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

## Seventh Annual Appalachian Regional Roundup

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

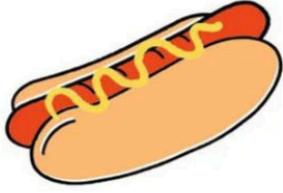
Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Scholarship Contribution: \$ \_\_\_\_\_

(Lend A Hand To Those Unable To  
Pay The Registration Fee)

Number Of Registrations: \_\_\_\_\_ Total: \$ \_\_\_\_\_



# **NC District 71 Annual Founders' Day Picnic**

***Saturday, June 6, 2026 @12:00 PM  
(Set up at 11)***

---

***At the Picnic Shelter  
Holmes Educational State Forest  
1299 Crab Creek Rd. #8440  
Hendersonville, NC 28739***

**Bottled water, hamburgers & hotdogs provided. If you prefer another beverage, please bring it!**

**Bring a side dish or dessert to share!**

**CARPOOL & bring a lawn chair, too!**

To volunteer, contact the Events CO at <https://www.nc71.org/contact>







# 91<sup>st</sup> Anniversary of Alcoholics Anonymous

June 12, 13, & 14, 2026 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

## ABSOLUTES

AS A SAFETY MEASURE, THE UNIVERSITY OF AKRON HAS IMPLEMENTED A CLEAR BAG POLICY FOR ALL FOUNDERS' DAY MEETINGS AND EVENTS. Approved bags include clear plastic, vinyl or PVC bags that do not exceed a size of 12 inches wide by 12 inches high and 6 inches deep. Other approved bags include one-gallon clear plastic freezer bags (Ziploc bag or similar), medical bags and small clutch bags approximately the size of a hand, with or without a handle or strap. Prohibited bags include backpacks, binocular cases, camera cases, fanny packs, large-printed bags, mesh bags, purses and tinted plastic bags. Again, this policy applies to ALL Founders' Day meetings and events. CLEAR BAGS WILL BE AVAILABLE ONSITE. MORE INFORMATION AVAILABLE AT [WWW.FOUNDERSDAY.ORG](http://WWW.FOUNDERSDAY.ORG).

All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!**

Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.

2026 Name badges & ribbons must be worn **ON CAMPUS** and for admittance to all meetings.

### NO EXCEPTIONS!

All rooms, buildings, and stadium at The University of Akron are non-smoking.

**NO VAPOR/E CIGARETTES** permitted in ANY building.

Handicapped parking will be strictly enforced.

University police will ticket and tow all unauthorized vehicles parking in handicap spaces.

Violators will incur a fine of \$250

No animals or campfires allowed in R.V. area.

**NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.**

**NO** hover boards, skateboards, or roller blades permitted on campus.

No motorcycles allowed on the grass.

No beach balls at any meeting.

The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.

Credit cards will now be accepted for both onsite registration and in the literature room.

## SPECIAL NEEDS

All meetings are wheelchair accessible.

Wheelchairs are not available on campus. You may bring your own.

Please contact the Founders' Day Committee with any special needs by May 15, 2026.

## ACCOMMODATIONS

No incoming calls accepted at dorms.

No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up.

No camping tents allowed.

**FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS!**

**THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.**

**NO REFUNDS FOR BASIC REGISTRATION.  
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY 2026





# Founders' Day Herald

91<sup>st</sup> Anniversary of Alcoholics Anonymous

June 12, 13, & 14, 2026 | Akron, Ohio | Birthplace of A.A.

## FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.   
Discussion of One Step Per Hour  
Chaired by: Karen K.

A.A. Early Bird Meeting\* • 3:00 p.m.   
Tom H. - Akron, OH  
"Stepping Out Of The Grave"  
Chaired by: Doug P.

Actors Guild Play • 5:00 p.m. & 7:30 p.m.   
"Six Tips To Surrender"

A.A. Speaker Meeting\* • 7:00 p.m.   
Beth H. - Garden City, SC  
"From I Got To" To "I Get To"  
Chaired by: Greg E.

Serenity Singers • 8:00 p.m. - 9:00 p.m.

A.A. Speaker Meeting\* • 9:00 p.m.   
Aaron Z. - Molalla, OR  
"God Is Love"  
Chaired by: Aaron K.

Junta en Español • 9:30 p.m. - 11:00 p.m.   
Orador: Psicologo Carlos Escamilla  
Tema: Las Heridas Del Alma

The Last Call Discussion • 11:00 p.m. - 1:00 a.m.

## SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites  
9:00 a.m. - 4:00 p.m.  
2 buses continuously - Bierce Circle

A.A. Archives  
Located in Akron Intergroup Office  
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.   
Bob D. - Las Vegas, NV  
Chaired by: Jeanne R.

Grapevine Meeting • 10:00 a.m. & 3:00 p.m.   
Grapevine And LaVina  
"AA's Multimedia Message"  
Presenter: Chris C.

Junta en Español • 11:00 a.m. - 12:00 p.m.   
Taller De La Vina

A.A. Long Timers Panel\* • 11:00 a.m.   
Topic: "A Design For Living"  
Lillie H. - South Portland, ME  
Avery M. - Atlanta, GA  
Beth F. - Akron, OH  
Chaired by: Jeanne R.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.   
"Six Tips To Surrender"

A.A. & Al-Anon Dual Lead\* • 12:30 p.m.   
Speakers - David & Mary Ellen Y. - Rossiter, PA  
"Never Give Up"  
Chaired by: Jane M.

Junta en Español • 1:00 p.m. - 3:00 p.m.   
Orador: Psicologo Carlos Escamilla  
Tema: Despertar Espiritual

A.A. Speaker Meeting\* • 2:00 p.m.   
Carla R. - Tujunga, CA  
"Spiritual Awakening/Human Experience"  
Chaired by: Karen K.

The History of Our Big Book • 4:00 p.m.   
Presented by: Gail L. - Akron, OH  
Chaired by: Doug P.

A.A. Speaker Meeting\* • 8:00 p.m.   
Tom T. - Staten Island, NY  
"The Most Satisfactory Years of Your  
Existence Lie Ahead"  
UA Infocision Stadium\*\*  
Chaired by: Juanita W.

**\*\*Stadium Weather Contingency Plan  
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!   
10:00 p.m. - 1:00 a.m.  
Saturday Night

## SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE\*  
7:30 a.m.  
Motorcycle procession and graveside  
memorial tribute to Dr. Bob & Anne S.  
Kevin G. - Massillon OH  
Chaired by: Greg E.

A.A. Spiritual Panel Meeting • 9:00 a.m.   
Topic: "We Stood At The Turning Point"  
Jimmy R. - Akron, OH  
Annmarie T. - Naples, FL  
Greg K. - Brooklyn, OH  
Chaired by: Mary K.

A.A. Closing Speaker Meeting\* • 10:30 a.m.   
Harold L. - St. Louis, MO  
"When Opportunity Meets Preparation,  
God Will Do The Introductions"  
Chaired by: Tony T.

## AL-ANON

### FRIDAY ACTIVITIES

Al-Anon Speaker • 1:00 p.m.   
"History of Family Groups"  
Vannoy S. - Denton, TX  
Chaired by: Christina

Al-Anon Panel • 2:30 p.m.   
Topic: "Two Programs, One Journey"  
Larry V. - Kinsman, OH  
Jack H. - Westlake, OH  
Steve L. - Akron, OH  
Chaired by: Susan

Al-Anon Sing Along • 4:00 p.m.

## AL-ANON

### SATURDAY ACTIVITIES

Al-Anon Daily Reader • 9:00 a.m.   
"Page of the Day And Meditation"  
Chaired by: Bonny

Alateen Panel • 10:00 a.m.   
"Our Future of Recovery"  
Chaired by: Gina S.

A.A. & Al-Anon Dual Lead\* • 12:30 p.m.   
Speakers - David & Mary Ellen Y. - Rossiter, PA  
"Never Give Up"  
Chaired by: Jane M.

Al-Anon Long Timers Panel • 3:00 p.m.   
Topic: "Ask a Basket"  
Regina - Cleveland Hts, OH  
Martha G. - Pittsburgh, PA  
Pat A. - Dover, OH  
Vannoy S. - Denton, TX  
Chaired by: Lynda M.

Al-Anon Speaker • 5:00 p.m.   
Gordy B. - Seattle, WA  
"Overcome Control Issues"  
Chaired by: Jim K.

## REGISTRATION

### UA STUDENT UNION

#### CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by  
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated  
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

#### A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

\* A.S.L. INTERPRETER



**CLEAR BAGS REQUIRED  
SEE INSIDE FOR MORE INFORMATION**

**FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.**

**Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!**



# Founders' Day Registration Form | online at [www.foundersday.org](http://www.foundersday.org)



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2026 . NO EXCEPTIONS!

Name (please print clearly) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_ E-mail address\* \_\_\_\_\_

\* If you provide an e-mail address, you will get confirmation via e-mail only!

Check for special needs - handicapped.  
Handicapped parking will be strictly enforced.

Hearing Impaired- ASL Interpreter Requested  
All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

**\*INDIVIDUAL FORMS  
REQUIRED FOR EACH  
PACKAGE PLAN\***

Onsite registration closes at 6:00 pm Saturday, NO EXCEPTIONS!

**Basic Registration \$45 x QTY = \$ \_\_\_\_\_ TOTAL**

(Basic Registration will be \$45 on site conference weekend)

INCLUDES ADMISSION TO ALL MEETINGS.

**MUST** have a picture I.D. for pickup.

**Package Plan A \$350 = \$ ONE ONLY**

Sex: M  F

**BASIC REGISTRATION INCLUDED.**

Includes admission to all meetings, meals, room, and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

**Package Plan B \$250 = \$ ONE ONLY**

Sex: M  F

**BASIC REGISTRATION INCLUDED.**

**PLAN B DOES NOT INCLUDE MEALS.**

Includes all items in Package Plan A *except* meals.

Rooming with: \_\_\_\_\_  
\_\_\_\_\_

## MEALS

## QTY

## TOTAL

**Meals can be purchased through Pre-Registration Only. NOT available for purchase at the event.**

SATURDAY Breakfast \$25 x \_\_\_\_\_ = \$ \_\_\_\_\_

Lunch \$30 x \_\_\_\_\_ = \$ \_\_\_\_\_

Dinner \$40 x \_\_\_\_\_ = \$ \_\_\_\_\_

SUNDAY Breakfast \$25 x \_\_\_\_\_ = \$ \_\_\_\_\_

SPECIAL DIETARY NEEDS —  Diabetic  Vegan  Vegetarian  Gluten-Free

## MOTORHOME SITE FEES

## QTY

## TOTAL

**NO TENT CAMPING!**

RV Site Tag \$40 x \_\_\_\_\_ = \$ \_\_\_\_\_  
(no hook-ups available) per site/whole weekend

Each RV must have a **Site Tag** to set up.

**ABSOLUTELY NO PETS OR FIRES!**

**REGISTRATION TOTAL \$ \_\_\_\_\_**

PAYMENTS MUST BE IN U.S. DOLLARS ONLY.  
MAKE CHECKS / MONEY ORDERS PAYABLE TO:

**Akron Intergroup**  
PO Box 12  
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email  
and postmarked / received prior to May 15, 2026.  
[treasurerfd@akronaa.org](mailto:treasurerfd@akronaa.org)

PAYMENT METHODS FOR MAIL IN REGISTRATION:

CHECK  MONEY ORDER

All Credit Card payments must be made online at [www.foundersday.org](http://www.foundersday.org).  
Click on the Founders' Day link and follow the instructions.

**Mobile App**

**Download the [guidebook](#) app for Founders' Day 2026!**

This app will serve as a companion to the printed program, offering a variety of useful features, including:

- *Real-time notifications for inclement weather or other unexpected updates.*
- *Digital access to the event schedule and campus maps.*
- *Details about historical sites, donation opportunities, and on-campus dining options.*



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2026 . NO EXCEPTIONS!



**DISTRICT 80 EVENT**

# Founders' Day

**FIRST PRESBYTERIAN CHURCH  
26 CHURCH STREET  
FRANKLIN, NC 28734**

**SAT 13 JUNE**

**FELLOWSHIP @ 11:30**

**FOOD @ 12:00**

**SPEAKER @ 1:00**

**SELINA J., FROM GA**

**RAFFLE & CLEAN UP @ 2:15**







# 79th NC State Convention SUNLIGHT OF THE SPIRIT

## July 16-19, 2026



Register  
NOW to  
Support Your  
Convention!

Lake Junaluska Conference & Retreat Center  
91 North Lakeshore Drive, Lake Junaluska, NC 28745

Register online at [www.aanconvention.com](http://www.aanconvention.com)

For more information or help with hotel reservations, please email:  
[convention@aanorthcarolina.org](mailto:convention@aanorthcarolina.org) or call: Lizzy T. (917) 650-4082

### Convention Pre-Registration \$30.00/person

Pre-registration rate available until June 25, 2026,  
\$35.00 per person June 26, 2026 and after.

*Alanons / Alateens must register but no charge if 18 or under.*

### Accommodations

*There is no group code • Meal plans are available.*

- Terrace Hotel**.....Avg rate \$169.00/night
- Lambeth Hotel**.....Avg rate \$149.00/night
- Apartments** .....Avg rate \$139.00/night

**Reserve Online:** <https://tinyurl.com/3m33yp8n>

**Email:** [reservations@lakejunaluska.com](mailto:reservations@lakejunaluska.com)

**Call:** 800-222-4930

**Don't wait!** Hotel cut-off for Conference rate: **June 25, 2026**



### Speakers

**Jacob B  
Lafayette, LA**

**Alex W  
Redondo Beach, CA**

**Deb K  
Durham, NC**

**Jason R  
Washington DC**

**Kathy H ▲  
Cincinnati, OH**

**Mark M  
Cary, NC**

### Workshops & more!

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion  
Meetings ▲▲

...

Saturday Night Dance



# 79th NC State Convention SUNLIGHT OF THE SPIRIT

Name \_\_\_\_\_ Please print legibly

Email \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_

Info for badge(s) \_\_\_\_\_

Please print

NAME

CITY

STATE

NAME

CITY

STATE

If you are willing to be a volunteer, please check here:

Do you have accessibility needs? \_\_\_\_\_

**\$30.00 Special Rate before June 26, 2026**

*June 26 and after \$35.00*

*Al-Anons/Alateens - must register but no charge if 18 or under*

**Make checks payable/mail to:**

AA NC State Convention  
1204 Village Market PI #201  
Morrisville, NC 27560

**Enclosed:**

\$ \_\_\_\_\_ for \_\_\_\_\_ registration(s)

\$ \_\_\_\_\_ for \_\_\_\_\_ scholarship fund

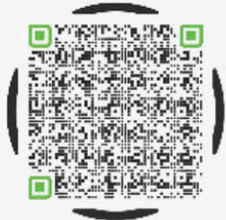
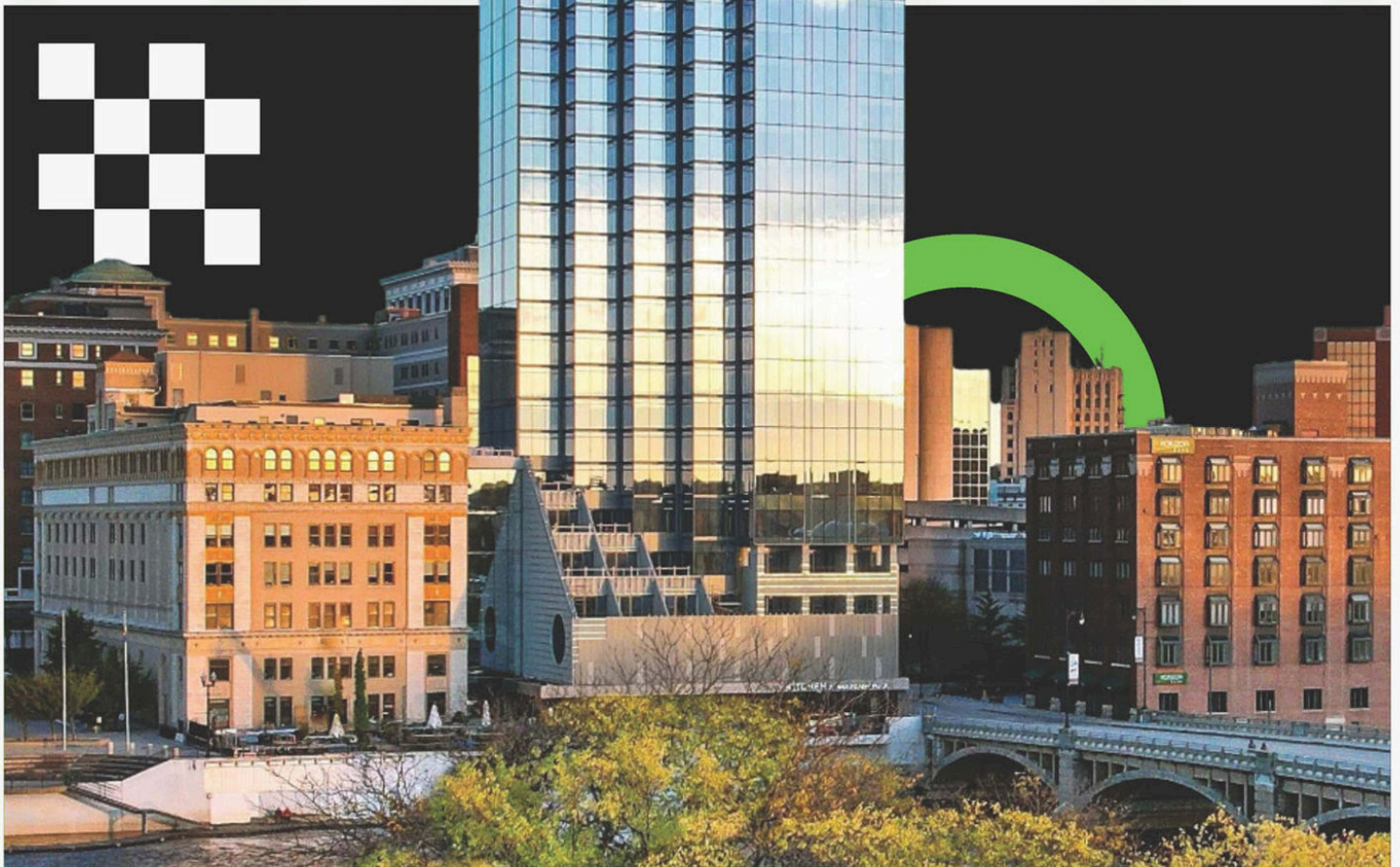
\$ \_\_\_\_\_ Total included

Consider buying  
a sponsorship  
for those less  
fortunate



ANNOUNCING:

# 66TH ICYPAA MICHIGAN



**BOOK YOUR ROOM!**  
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT  
3-6  
2026** | **AMWAY  
GRAND  
PLAZA**



**REGISTER NOW!**

 187 Monroe Ave NW, Grand Rapids, MI 49503



[www.icypaa.org](http://www.icypaa.org)





SAVE THE DATE  
12<sup>th</sup> Annual



# National AA Technology Workshop

Hybrid Format  
September 11-13, 2026  
San Francisco Bay Area  
Concord, California

CO-HOSTED BY  
AREA 06 TECH COMMITTEE  
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT [NAATW.ORG](https://naatw.org)



★ **SAVE THE DATE** ★



## **Southeast Regional Forum 2026**

 **September 18–20, 2026**

 **Hilton Raleigh North Hills – Raleigh, NC**

Join us in North Carolina to learn,  
share, and connect through service –  
and be rocketed into the 4th Dimension!

More info: [aa.org/regional-and-local-forums](https://aa.org/regional-and-local-forums) 



ALCOHOLICS ANONYMOUS

2026

BRIDGING

THE

GAP

Workshop  
Weekend

TEMPORARY CONTACTS



September 25-27

Hilton Garden Inn

12080 S. Strang Line Road

Olathe KS 66062

(913) 815-2345

Hosted by

Area 25

District 10

Presentations ◆

Discussions ◆

Shared Experiences ◆

Breakout sessions ◆

Speakers ◆

don't forget the  
Kansas City  
BBQ

ROOM RATE \$159 + TAX - CALL FOR RESERVATIONS  
FLY TO KANSAS CITY INTERNATIONAL AIRPORT (MCI)

PLEASE PRINT CLEARLY

EMAIL

NAME

ADDRESS

SERVICE POSITION

PHONE

CITY STATE ZIP

breakout session topics you would like



(before June 30th) EarlyBird In-Person Registration \$50

Day-Pass (Saturday Only) \$40

In-Person Registration \$60

Online Attendance \$60

Saturday Nite Banquet \$45

Vegetarian



Register Online at BTGWW.org or Mail this form and a check to:

TOTAL REGISTRATION \_\_\_\_\_

BTGWW 1020 E 84th Terrace Kansas City MO 64131